

Cannabis im Kaajiriri



Ejjab eman ñan kōjerbale cannabis ilo ien eo kwōj kaññin ajiri eo nejūm.

Ñe kwōj kōjerbale naan in rōjañ kein ilo pepa in ilo an diik am kōjerbale cannabis, jibāñ ko ilo am kaajiriri/kaniññin emāroñ in laplōk jān ta ko rej walok ñe ewōr cannabis ilo miliik eo am.

Ta in cannabis?

Cannabis (maijuana, wiit, bōt) ej juōn menin eddek eo kwōj māroñ in kōbaatat im kōbaatat jarōm, mōñā, akō likit ilo kilim. Cannabis ej iwaj ilo eloñ wāwein, kōba ippān wut, jikka, Tetahydrocannabinol (THC, Uno eo ej pād ilo kein kōbaatat ko) mweiuk ko, im men ko kwōj māroñ in mōñā. Eloñ ian men ko rej walok elikin am kōjerbale cannabis ej itok jān THC.

Cannabis akō THC rej ke māroñ in deļoñ e niññin/ūb miliik?

Aet. Ñe kwōj kōjerbale cannabis, miliik eo am enij wōr THC ie. Kūriij ko ilo miliik eo im ilo kōmalij ej kepaak THC. Enij wōr THC ilo miliik eo am jokdoon ñe kwōj kōbaatata, moña, akō kōjerbale wāwein ko jōt.

Ta eo kwōj kōmmane mokta, ilo tōrre eo, im elikin am kōerbale cannabis

Mokta jān am bōk cannabis:

- Bulāān in kōmman kijen ajiri eo nejūm. Bañ im kakwōne miliik ko am, wia miliik bota, akō wia miliik jān bar juōn armij.

Mokta jān am bōk cannabis:

- Jab kōbaatat akō kōbaatat jarōm imaan mejan ajiri eo nejūm, ijo ajiri eo nejūm ej jokwe, akō jikin ko elap aer kilōk āinwōt wa.

Elikin am bōk cannabis:

- Kwōj māroñ in lelak kijen ajiri eo nejūm, miliik bota, akō miliik eo kwar bañ mokta jān am bōk cannabis ko.
- Kwōj māroñ in bañ bwe en eman lak am mour im jolök miliik eo kwōj bañ ñan ñe ejelök THC ie.
- Ikukut am bañ ej kōmman juōn wāwein eo eman ñan am najidiñ ajiri eo nejūm im kōjbarōk joñan miliik eo kwōj kōmmane.
- Kottar elaplōk jān 1 awa elikin am bōk cannabis mokta jān am kaniññin ajiri eo nejūm. Ilo an aitoklak am kottar ñan kaniññin elikin am kōerbale cannabis, elaplōk an eman ñan ajiri eo nejūm.

Kōjbarōk eok im ajiri eo nejūm bwe en eman amiro ejmour

- Bōk juōn vitamin ewōr iodin im leen wōjke ko emeram kōlar ko aer im pejtōbō! ñan kałaplōk kajur ilo miliik eo am.
- Kōnnaan ippān jikin taktō eo an ajiri eo ñe elaplōk an ajiri eo mejki jān mokta, ebin an ḡōñā akō ñe ebin lojen.
- Bukōt juōn rilale ilo ien eo kwōj kōerbale.
- Jab ettor elikin am kōerbale cannabis.
- Kajeoñ jab kiki tūrin ajiri eo nejūm elikin am kōerbale cannabis. Kwōj pād ilo kauwōtata elap ilo am kōmman jorāān ñan ajiri eo nejūm. Karōk in kiki eo elaplōk an kōjbarōk ej ñan am pād ilowaan juōn wōt ruum ippān ajiri eo nejūm ilo an lōñ an māke jikin kiki.
- Kwōj māroñ in kadilak an wōr men ko rejjab eman im ewōr THC ie ilo ajiri eo nejūm ilo am kadiklak am kōerbale cannabis. Kadiklak am kōerbale cannabis, bōk THC mweiuk ko ediklak jorāān (bukōt % in THC ilo pepa ok an) im bōk ediklak ien.
- Kōjbarōk eok māke im ajiri eo nejūm jān an et bwiin kōbaatat ilo am jab kōbaatat/kōbaatat jarōm tūrin ajiri eo nejūm akō ilo mweo imōm. Kōjbarōk eok māke im ajiri eo nejūm jān an et bwiin kōbaatat ilo am jab kōbaatat/kōbaatat jarōm tūrin ajiri eo nejūm akō ilo mweo imōm.
- Kōerbale men ko kwōj māroñ in ḡōñā ijelakin am kōbaatat akō kōbaatata jarōm; enij laplōk am kōjbarōk ajiri eo nejūm jān an et bwin kōbaatat ko.
- Kōjbarōk jikin kakwōn cannabis im uno ko rekajur. Elaptata an aurōk ñe ewōr ajiri ro jōt ilo mweo imōm.
 - **Ñe kwōj lōmñak ajiri eo nejūm emōj an orañłok cannabis**, kūrlōk Poison Control (Jikin Kantūrol Baijin) ilo 800-222-1222.
 - **Kūrlōk 911** ñe ajiri eo nejūm erumij lak an menono, bōjrak an menono, ben an ruj, ñe kilin akō tien ej kōlar būlu, emōjno, elap an mejki, akō emōj an jino emmōj im/akō bidodo lojen im enak bōjrak.



Wāwein an cannabis jelōt an ajiri

Ejjab lukkun lap melele ko kin kōjbarōk jān cannabis ilo ien kaajiriri. Epāāke cannabis emāroñ in tōl ñan:

- Jidik, jorāān ko rellap ilo enbwin im kōmalij ilo aer eddeklak.
- Ajiri ro rej ion e an diiklak aer māroñ an jimwe eñjake ko aer.
- Ajiri ro rej ion e jorāān ko ilo kiki im emourur.
- Laploķ kauwōtata in Nañinmej in an Ajiri Mokaj aer Jako (SIDS).

Jorāān ko elaplōk aer walok

Ilo am kōerbale eloñ mottan cannabis

Kōerbale kajur lak (laploķ THC %) cannabis

Kōerbale cannabis eloñ alen

Kōerbale uno ko rekajur āinwōt K2 akō Spice

Jorāān ko elaplōk aer māroñ in walok

Ilo am kōerbale diiklak mottan cannabis

Kōerbale diiklak an kajur (diiklak THC %) cannabis

Kōerbale cannabis ilo an jab ikutkut lak

Bam̄i im jolok emāroñ in 1 awa elikin am kōbaatat cannabis

Kōjbarōk eo eman tata

Jab kōerbale cannabis

Kadiklak am kōerbale cannabis

Kōerbale cannabis emāroñ in jelōt ejmour eo am. Et bwiin kōbaatat in jabdewōt kain ejjab eman ñan eok im ār ko am. Kojebrale cannabis emāroñ in kōmman bwe en nana lak ejmour eo an kalmenlakjān āinwōt nañinmej in bipolar akō schizophrenia.

Kōnnaan ippān jikin taktō eo am akō kūrlōk [Washington Recovery Help Line \(Lain in Jibāñ Ejmour an Armij ilo Washington\)](#) (ilo Kajin Pālle) ilo 866-789-1511 ñan jibāñ akō melele ko kin wāwein am jolok akō kadiklak am kōerbale.

Kwōj ke kōerbale cannabis ñan lale kakō!le ko an juōn nañinmej? Kōnaan ibben taktō eo am kake kakō!le ko am im wāwein ko jōt elaplōk aer kōjbarōk ilo ien kaajiriri.

Armij rej kōerbale naan ko rej oktak ñan kōmmelele kin enbwinnier. Jōt jinen akō jemen ajiri rekar ukōte enbwinnier rej kōerbale "üb" ijelakin "niñniñ." Ilo pepa in, jej kōerbale kaniññin im kaajiriri āinwōt naan ko rej juōn wōt. Kaajiriri ej juōn wāwein eo im enbwinnim ej kōmman miliik ñan an naajidiñ ajiri ro.



DOH 349-054 May 2023 Marshallese

Ñan kajitōk bwe ren lewōj peba in ilo bar juōn wāwein, kwōn kaļļok 1-800-525-0127. Armej ro rej jarroñroñ ren kaļļok 711 (Washington Relay) ak email civil.rights@doh.wa.gov