

# Adolescent Health Mini Needs Assessment

**We want to know what young people in Washington think about health care—and what health care providers need to support them.**

In the Adolescent and Young Adult Health Unit, we want young Washingtonians—no matter who they are, what they look like or where they live—to have access to health care services that meet their individual needs, and can use the full range of health services available to them.

To learn more about the state of adolescent health care in Washington, including the challenges, barriers, and potential improvements to consider, we launched a mini-needs assessment. Our goal is to hear from teens, young adults, and their health care providers about health care access, services and delivery, including adolescent well-visits, mental and behavioral health.

We'll use the results of the needs assessment to shape the Adolescent Health program planning and support our Maternal Child Health Block Grant goals, objectives, and deliverables. We will also share a summary of findings with key partners. Ultimately, this information will help us better serve Washington's young people.



## For teens and young adults

We're looking for Washington residents, ages 13-22 to take an anonymous online survey—use [this survey link](#) or scan the QR Code to get started.

Inclusivity, diversity, and representation are vital to this work and we want to hear from teens and young adults from all over the state and with a variety of social, economic, political, cultural, and geographic backgrounds. **This feedback will help improve the effectiveness of our youth-focused health programs.**



## For youth-serving health care providers

We want to hear from medical and behavioral health providers serving teens and young adults about the challenges, needs, and successes in adolescent health care. **This feedback will guide adolescent health support and training for youth-serving providers.**

We have three ways to share:

- **Take an online survey.** The survey should take about 20 minutes and has mostly open-ended questions: <https://redcap.link/AHPProviders>.
- **Participate in one of our virtual listening sessions scheduled for April 9th, 2024** at 7:00am and 12:00pm. We will also share feedback from youth engagement activities during this time. Use this [zoom registration link](#) to register.
- **Participate in a key informant interview.** Email [adolescenthealthunit@doh.wa.gov](mailto:adolescenthealthunit@doh.wa.gov) to schedule.

Find more information about this project on our webpage at: [Adolescent Health Needs Assessment | WaPortal.org](#)

Find resources and information for young people at: <https://doh.wa.gov/teenhealthhub>

**Help us spread the word! Please share this information in your organization, networks, and with eligible teens, young adults, and youth-serving health care providers.**