

Thanks to the Youth Advisory Council, we have new resources by and for teens and young adults!

DOH's Adolescent and Young Adult Health Team is committed to being responsive to young people when they tell us what they need and want for their own health care. That's why we are working to implement the recommendations of the Youth Advisory Council (YAC) and partnering with youth-serving partners to take necessary actions.

We are pleased to share several new resources conceptualized and co-created with the YAC to support young people and providers on their health care journey.

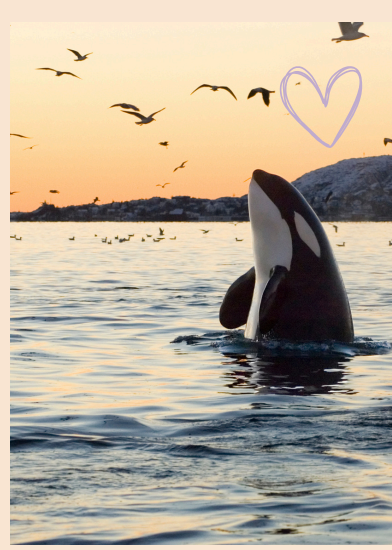
[Learn more about the Youth Advisory Council on our WA Portal page.](#)



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Creating public health resources with young people for young people.

- **How To** videos about basic health care navigation:
 - [How To: Schedule a doctor's appointment](#)
 - [How To: Keep your visit confidential](#)
- [FAQ about Emergency Contraception](#) that answers common questions from young people.
- **Minor consent and confidentiality tools** and resources:
 - For teens and young adults: A poster [about teen privacy and health care](#).
 - For youth-serving health care providers and professionals: [A Sparks Training from the Adolescent Health Initiative](#) to help increase knowledge and understanding about WA minor consent laws and their application.

Find these and more youth-friendly resources at
[doh.wa.gov/teenhealthhub!](https://doh.wa.gov/teenhealthhub)

Find resources and tools for youth-serving providers,
[visit our WA Portal page for providers.](#)

Help us spread the word!

- Share these with young people and youth-serving providers and professionals.
- Visit our ["Action!" page on WA Portal](#) to find these resources, updates, and more information.
- Questions? Email us at adolescenthealthunit@doh.wa.gov

