



Washington State WISEWOMAN **Risk Reduction** Form

Name:		DOB:		Date:	
Labs and Follow-up					
Lab used: _____		Date sent to lab: _____			
Labs reviewed with patient?* Yes <input type="checkbox"/> No <input type="checkbox"/>			Sent in Writing? Yes <input type="checkbox"/> No <input type="checkbox"/>		
Date patient informed of lab results (if not avail same day)?					
Reviewed risk factors for CVD, stroke, chronic disease with patient				Yes <input type="checkbox"/>	No <input type="checkbox"/>
Addressed smoking status				Yes <input type="checkbox"/>	No <input type="checkbox"/>
Discussed role of diet and physical activity with patient				Yes <input type="checkbox"/>	No <input type="checkbox"/>
Participant decided as priority area:					
Nutrition				Yes <input type="checkbox"/>	No <input type="checkbox"/>
Physical activity				Yes <input type="checkbox"/>	No <input type="checkbox"/>
Smoking cessation				Yes <input type="checkbox"/>	No <input type="checkbox"/>
Medication adherence for hypertension				Yes <input type="checkbox"/>	No <input type="checkbox"/>
<p>If referred for smoking cessation, what type of resources was patient referred to (check resource below). If not applicable, leave blank.</p> <input type="checkbox"/> Quit Line <input type="checkbox"/> Community-based tobacco program <input type="checkbox"/> Other tobacco cessation resource (e.g. 2Morrow App), User ID _____ Referral Date: _____					
Does client wish to participate in a lifestyle intervention program?				Yes <input type="checkbox"/> No <input type="checkbox"/>	
Referral Date:					
Referral Program or Site: (Only check if referral program is known, otherwise leave blank)					
<input type="checkbox"/> Blood pressure Self-Monitoring (4 Month Program)		<input type="checkbox"/> Health Coaching (4 Sessions, Contemplation)			
<input type="checkbox"/> BP Self-Monitoring w/ Clinical Support (4 HC Sessions)		<input type="checkbox"/> Lose to Win YMCA (Virtual Group, 13 Sessions)			
<input type="checkbox"/> Diabetes Prevention Program (DPP)					

FAX to: