

THE COMMUNITY COLLABORATIVE



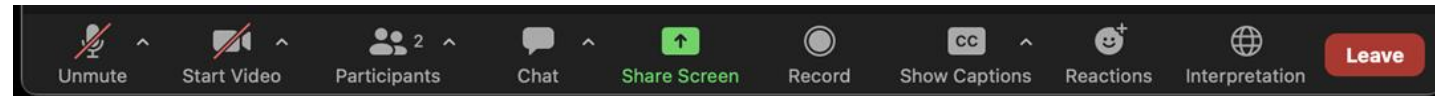
9545_OPAE_COMMUNITY COLLAB GRAPHIC



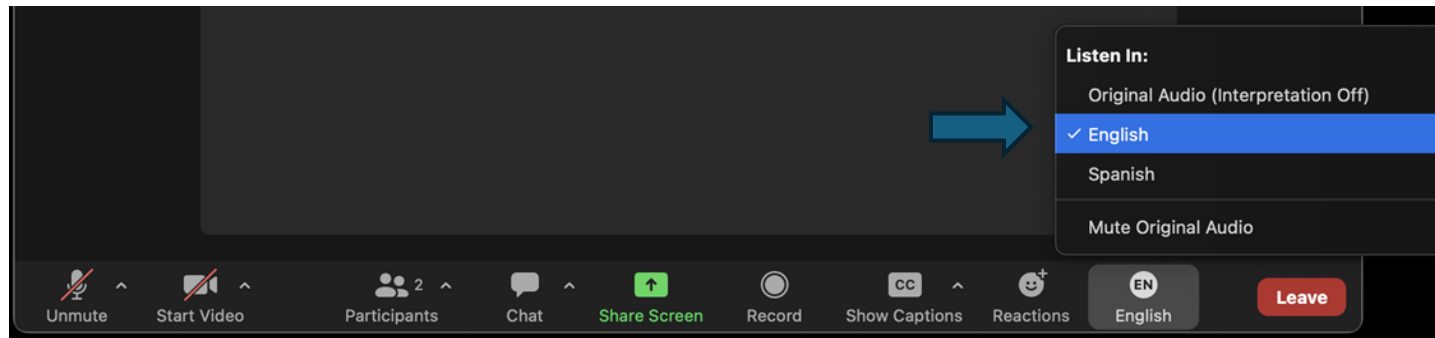
December 11, 2024
11 de Diciembre 2024

Interpretación de Idiomas

Seleccionar **Interpretación**



Elige **Inglés, Español or Otro**



Chat “Tom Dineen, KAI” con preguntas

Welcome // Bienvenidos

Please share in the chat your name and a favorite holiday tradition.

Por favor, utilice el chat para díganos su nombre y su tradición favorita.



Mulki Mohamed
Community Thought
Partner

LAND AND LABOR
ACKNOWLEDGEMENT

RECONOCIMIENTO
DE TIERRA Y
TRABAJO

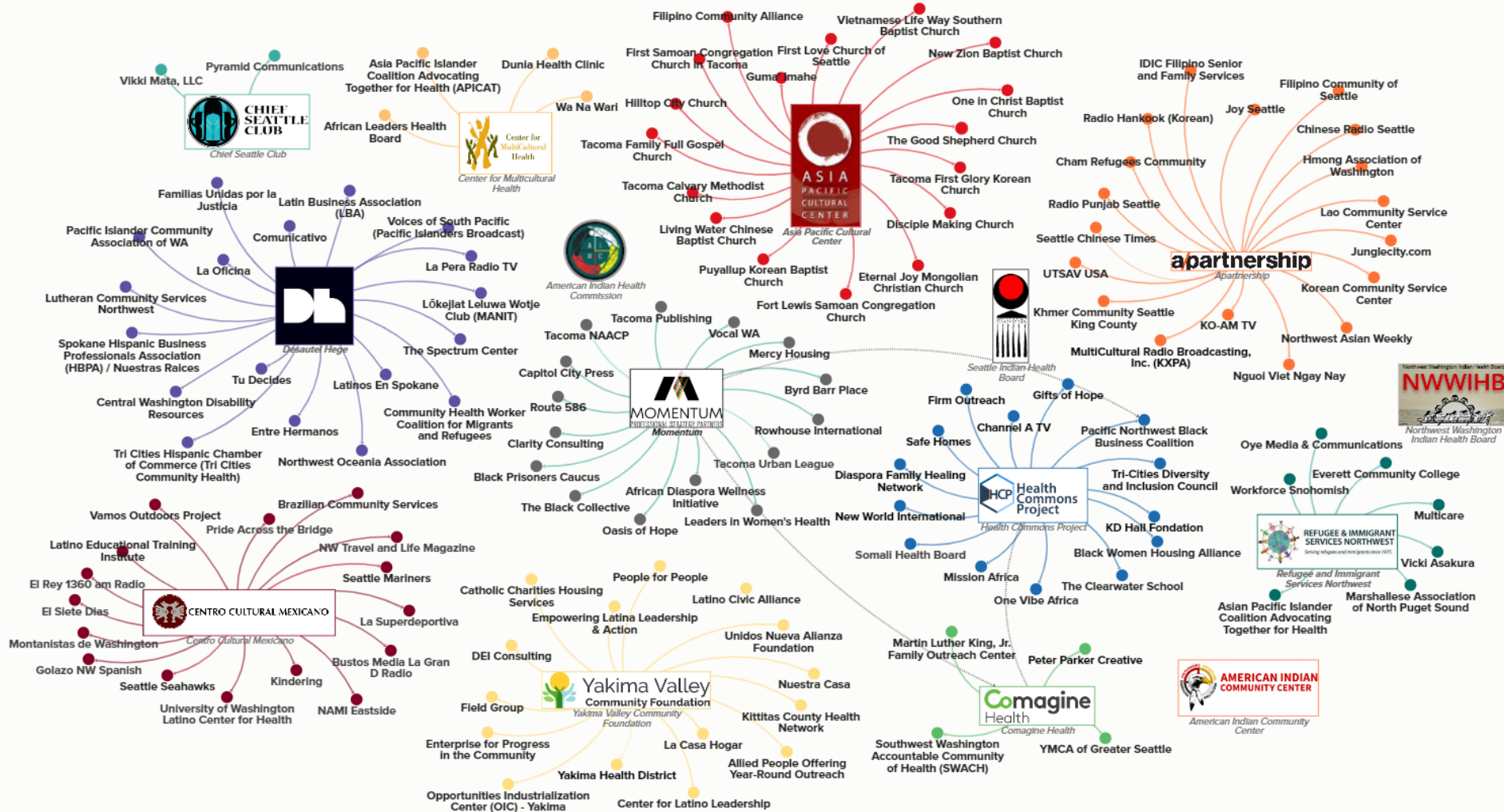


COMMUNITY
PARTNER DIALOGUE

DIÁLOGO CON
SOCIOS DE
LA COMUNIDAD

Community Driven Outreach (CDO) Initiative

Addressing COVID-health disparities among six priority populations





**REFUGEE & IMMIGRANT
SERVICES NORTHWEST**

Serving refugees and immigrants since 1977.

Van Kuno and
Tarseny Aphkas



Center for
MultiCultural
Health

Kerry Holifield

Refugee & Immigrant Services Northwest Mission and Background



To empower refugees, immigrants, migrants, including COFA nationals and asylum seekers, to achieve their potential so they are self-reliant, economically secure, healthy, and contributing members of society with voice to affect policy change.

- Offices in Snohomish, Skagit and Whatcom Counties
- 47 years as a community-based nonprofit
- Led by bilingual staff who share lived experiences with clients
- Continuum of culturally and linguistically appropriate services
- Leverage resources through partnerships and collaborations

Services Offered



- Employment
- Training
- ESL
- Driver's License Training
- Housing
- Health and Nutrition Services
- Community Outreach
- Education and Referral Programs
- Social Services
- Immigration and Naturalization
- Civic Engagement
- Youth Services
- Interpretation and Translation Services
- School based programs
- Resettlement services
- Case management

CDO Program Focus



Population Served: Native Hawaiian and Pacific Islander (NHPI)

Areas of Focus:

- Community outreach, including youth interns
- Education
- Vaccination clinics

Results

- Original COVID 19 vaccination song/videos in six languages
- Six vaccination clinics
- 450+ vaccinations



Center for MultiCultural Health

Our mission is to promote the health and well-being of diverse communities--including individuals from communities of color, individuals with limited English proficiency, immigrants and refugees--through innovative health advocacy, health promotion, disease prevention, and immigrant and refugee service programs.

- Our approach is rooted in the belief that health solutions must be developed in partnership with the community and adapt to its changing needs.
- We hire staff who reflect and understand the communities they serve.
- Our team works through and within community networks to ensure strong support for our programs and services.





Community Driven Outreach Program

- Serve African Immigrant & Asian Pacific Islander Communities
- Overarching goal is to build community buy in around public health
- Decrease Vaccination hesitancy,
- Connect communities to health care services
- Create culturally and linguistically appropriate health messaging

- **Outreach:** Health Fairs, Community Conversations, Vaccination Clinics, Community Task Force

- **Partners:** Ethnic Health Boards, Community Based Organizations, Providers, In-House programming





BEHAVIORAL HEALTH

SALUD DEL COMPORTAMIENTO

What Does Behavioral Health Mean to You?

...when you feel your physical, mental, emotional, and social health is all balanced.

Combination of mental and emotional health that impacts your overall well-being, which is affected by various external and internal factors.

Connection between a person's behaviors, thoughts, emotions, and overall well-being.

Beyond mental illness and focuses on promoting optimal psychological functioning and overall wellness.



What Factors are Impacting Behavioral Health?

Cultural and
language barriers

Trauma and
environmental
stressors

Racism, misogyny,
white supremacy,
capitalism,
discrimination, domestic
violence and other
forms of violence

Economic
disparities

Immigration
status

Lack of healthy
relationships or lack
of feeling connected
to a support system

Discrimination

Homelessness,
stress from lack of
affordable housing

Stigma

Lack of affordable
childcare, lack of
paid parental leave

We Will Highlight Four Behavioral Health Programs Today

The Center for Behavioral Health and Wellness

Renee Tinder

Renee.tinder@doh.wa.gov

Office of Family & Community Health Improvement

Astrid Newell

Astrid.newell@doh.wa.gov

Injury and Violence Prevention

Kirstin McFarland

Kirstin.mcfarland@doh.wa.gov

988

Elizabeth Emmet

Elizabeth.Emmet@doh.wa.gov



THE CENTER FOR BEHAVIORAL HEALTH & WELLNESS

Renee Tinder, Behavioral Health Strategist

About the Center for Behavioral Health & Wellness

Building a healthier, more resilient community, ensuring accessible and effective support for all

Mission

To enhance the continuum of care, from health promotion to recovery and resilience, with a focused commitment to address the opioid crisis and other pressing mental health issues.

Core Strategies

- ✓ **Move Upstream:** Start early and continue through the lifespan, targeting root causes of mental health challenges.
- ✓ **Implement Prevention Strategies:** Develop and promote strategies that prevent mental health conditions and substance use disorders by addressing risk factors and enhancing protective factors.
- ✓ **Coordinate Efforts:** Collaborate with state and local health entities, tribal governments and Community-Based Organizations to tailor strategies that strengthen mental health and well-being at both personal and community levels.
- ✓ **Combat Stigma:** Lead efforts in proactive communication and health promotion to support mental and physical wellness while actively countering stigma associated with seeking care.

Public Health Role in Behavioral Health

DOH is in a unique position to focus on upstream prevention, root causes and to positively impact policy and systems. DOH can:

- Build multi-sector partnerships to strengthen existing work, leverage resources, and increase visibility
- Encourage mental health promotion across the agency
- Center health equity and address shared risk factors that can improve outcomes in other areas of health
- Focus on strengths-based outcomes including increasing hope and social connection
- Monitor data related to health behaviors and social determinants of health to inform this work





INJURY & VIOLENCE PREVENTION

Kirstin McFarland

Injury and Violence in Washington

Injury: damage or harm to the body resulting in impairment or deterioration of health

Violence: the use of power or force against oneself or another person

Both can cause long-lasting impact to an individual and/or community

- 61,100 Washingtonians have died from injury and violence in last 10 years
- Leading cause of death for age one to 44 years old
- In 2023, 41% of all injury deaths were due to unintentional poisoning (primarily drug overdose)
- Now it is the leading cause of injury death ages 15 to 64

Sample DOH Prevention Programs

Overdose Prevention

Funded by CDC Overdose Data to Action in States through August 2028, Navigators support connections between people who use drugs including harm reduction services, outpatient care, screening for SUD, post-overdose care

Suicide Prevention

Plan developed over the past year with significant community input. Strategic directions: 1) Healthy and connected individuals, families and communities 2) Multi-sector suicide prevention 3) Treatment & Crisis services 4) Data Collection, Quality Improvement & Research

Social Connection for 55+

Campaign development is currently underway to strengthen social connection for older adults. Discovery efforts have included: Key Informant Interviews with SME's and older adults, a Well-being Survey (N=400) and focus groups (N=72).

Washington Gender-Based Violence Prevention Collaborative

Statewide, multi-sector group of organizations and entities that convenes quarterly to share ideas, resources, and best practices. Contact Julie Alonso at Julie.Alonso@safestates.org for more information.

Communities Building Resilient Youth

Purpose: Collaborate with and support CBOs using a public health approach to strengthen protective community environments that foster youth mental health, well-being and resilience.

- **Mujeres in Action** 1 site in Spokane County
- **Tahoma Indian Center** 1 site in Pierce County
- **TOGETHER!** 2 sites in Thurston County
- **YMCA of Greater Seattle** 1 site in Pierce County
- **YWCA Clark County** 1 site Clark County
- **AGE UP** – 1 site South King County
- **Boys and Girls Club of Benton and Franklin Counties** 5 sites
- **Boys and Girls Club of Olympic Peninsula** 2 sites in Clallam County
- **Mi Chiantla** Rotating sites in Thurston, Pierce, Mason, Lewis and Grays Harbor

Sources of Strength

- **Locations:** Interested middle & high schools or youth-serving organizations statewide
- **Implementation:** Entering 6th year, 14-19 sites per year
- **Purpose:** Create communitywide positive cultures and norms that foster social connection







OFFICE OF FAMILY & COMMUNITY HEALTH IMPROVEMENT

Astrid Newell, Thriving Children & Youth Section Manager

Sample OFCHI Programs and Initiatives

Perinatal Initiatives

Improving hospital care for birthing parents and infants affected by perinatal substance use through the [Center of Excellence for Perinatal Substance Use](#) certification program for birthing hospitals.

Early Childhood Initiatives

Promoting early developmental health and family well-being by improving supports for families of young children in higher poverty communities through the [Early Childhood Developmental Health Systems Initiative](#). Pilot counties=Grant, Grays Harbor.

School-Based Initiatives

Increasing child and youth access to medical and behavioral health care in school-based settings through state-funded grants to establish and expand [School-Based Health Centers](#) in WA State K-12 schools and to improve school-based behavioral health services including peer support services.

Pediatric Mental Health Care Initiatives

Federal grant to increase supports for youth experiencing suicidality in the northeastern corner of WA State. Collaboration between DOH, Seattle Children's and [Frontier Behavioral Health](#) (FBH) to provide in-person and telehealth crisis support services for both the patient and their caregivers.

Supporting Access to Youth-Friendly Health Information and Resources





YOU MATTER

Text. Call. Chat.

988 SUICIDE & CRISIS
LIFELINE



988 SUICIDE & CRISIS LIFELINE

Elizabeth Emmet, Community Engagement and Outreach

Life can get

988
LIFELINE

988 Suicide & Crisis Lifeline

- Free, confidential, and available 24/7/365.
- Interpretation services in over 240 languages.
- Available in American Sign Language.
- Call, text, or chat for:
 - Thoughts of suicide
 - Substance use concerns
 - Any type of emotional distress
 - A loved one who may need crisis support
- 4 optional sublines in Washington State:
 - 1: Veterans
 - 2: Spanish
 - 3: LGBTQIA+ youth
 - Native and Strong Lifeline



A green circle with two hands connected at wrists holding a small, rainbow heart in the center.

Which Number Should I Use?

988

Suicide prevention & mental health crises



- Thoughts of suicide
- Feelings of anxiety
- Someone to talk to
- Substance use challenges

911

Medical & public safety emergencies



- Drug overdose or serious self-injury
- Unconsciousness
- Suicide attempt in progress
- Life-threatening event

211

Local services & resources



- Utility assistance
- Food
- Housing
- Health care
- Child care
- Elder care

Resources

[Order SAMSHA
Materials](#)

[Request
Presentation](#)

- These toolkits contain social media shareables, video, print materials, radio ads, FAQs, messaging and communications to trusted messengers, and marketing materials to promote the 988 Suicide & Crisis Lifeline in multiple languages.
- [988 Suicide & Crisis Lifeline - Call. Text. Chat. \(988lifeline.org\)](#)

[SAMHSA 988](#)

[988 Media Toolkit](#)

[Messenger Toolkit](#)

For questions email 988ProgramInfo@doh.wa.gov or elizabeth.emmet@doh.wa.gov.

Discussion



THE COMMUNITY COLLABORATIVE



Community Collaborative Survey

On a scale of 1-10, how satisfied are you with the following:

<https://forms.gle/bcgJjJByY3Nk6o188>

	2	3	4	5	6	7	8	9	10 - Extremely Satisfied
Monthly virtual meetings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Newsletter	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Next Meeting

8 January – Look Back, Look Ahead, Dr. Shah, Governor's Budget

Próxima Reunión

8 de Enero – Dr. Shah, Presupuesto del Gobernador



Healthier Washington Collaboration Portal

A resource for the state's health and wellness professionals

[https://waportal.org/partners/
community-collaborative](https://waportal.org/partners/community-collaborative)

Federal Funds Grant Assistance Program



Upcoming Webinar!

Federal Funds Grant Writing Assistance Program (FFGWAP) Overview

December 18, 2024
12:00-1:00 PM PST

 Washington State
Department of
Commerce

 CLIMATE
COMMITMENT
ACT

 HAGERTY

<https://us02web.zoom.us/j/81169681020#success>

Workforce Pathways Advisory Committee

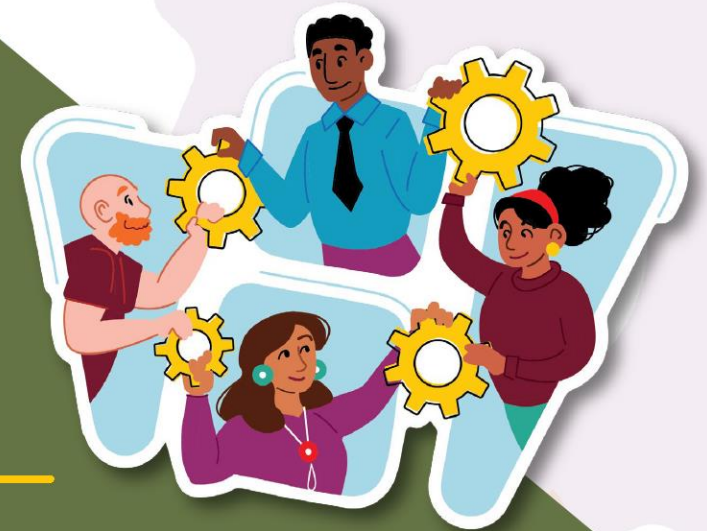
Info Session Jan 7th 11-11:30 a.m.

Email the WFP
program workforcepathwaysprogram@doh.wa.gov

[Pathways Advisory Committee \(PAC\)
Interest Form](#)

[Pathways Advisory Committee PAC
Interest Form Spanish](#)

Join the Pathways Advisory Committee



The Washington State Department of Health (DOH) wants you to become a Pathways Advisory committee (PAC) member! Use your voice and perspective to guide DOH public health workforce! PAC is looking for people and communities reflective of all cultures, ethnicities, languages, and geographic region across the state of Washington.

Save the Date:

WSPHA 2025 Legislative
Education Day

March 6th, 2025





To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.