

LA Maternal Mental Health Access - LAMMHA

ECHO Perinatal Case Conference Series

- CME-accredited* / CE-accredited‡ program free for CA State providers
- Evidence-based strategies to treat perinatal mental health conditions
- In-depth case presentation and group discussion
- Sessions facilitated by regional experts and UW psychiatrists and family medicine physicians
- The course meets state licensure requirements for all medical professionals*‡

Who should join: family medicine physicians, obstetricians, pediatricians, midwives, nurse practitioners, medical assistants, care managers, LMFTs, LPCCs, LCSWs, LEPs, psychologists



Ongoing [Registration on LAMMHA website](#)

Join anytime for one or all in the 10-session series

FREE for CA State providers

- 10 sessions, February-November 2025
- 2nd Tuesdays, 12:00-1:00pm Pacific Time (60 min.)

*The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this live activity for a maximum of 10 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. (Each session is 1.0 credit).

‡CE FOR MENTAL HEALTH PROFESSIONALS

Each session meets criteria for 1 continuing education credit for mental health professionals. LMFTs, LPCCs, LCSWs, LEPs, and psychologists qualify for APA sponsored CE credit through the Board of Behavioral Sciences (BBS) in the state of CA. Community Partners FBO Maternal Mental Health NOW is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. Community Partners FBO Maternal Mental Health NOW maintains responsibility for this program and its content.

Session Topics

1. Addressing Perinatal Mental Health with Collaborative Care
2. Perinatal Loss
3. Addressing Perinatal Mental Health During Obstetric and Well Baby Visits
4. Perinatal Mood and Anxiety Disorders and Co-Occurring Substance Use Disorders
5. Psychopharmacology Approaches During Pregnancy and Lactation
6. Risk Management in Perinatal Mental Health
7. Child Abuse Reporting & Perinatal Mental Health
8. Birth Trauma, NICU & Perinatal Mental Health
9. Centering Equity in Perinatal Mental Healthcare
10. Fathers and Perinatal Mental Health

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