

## Community Collaborative Meeting February 12, 2025

Next meeting: Emergency Preparedness and Health Equity Zones

March 12, 3:30-5:00 PT.

Add to calendar

#### Agenda

3:30 - 3:40	Welcome and Announcements
3:40-4:00	Clearing Dyad with JanMarie Ward
4:00 - 4:30	How Communities Can Use the 988 Crisis Line
4:30 - 4:55	Urban Indian Initiative including partners from American Indian
	Community Center in Spokane
4:55 – 5:00	Closing Quote

# **Meeting Recap**

#### **Opening and Announcements**

Collaborative members were welcomed into the space by Melissa West. We took a short pause at the beginning of the meeting to recognize all that our communities are losing. Melissa then shared that the opening music was developed for the Collaborative by Arlie Neskahi who is *Dine'* (Navajo), born within the Dine' Nation of New Mexico and living in Washington today. We are looking for other musicians to add to our library of music, so email <u>Community.Collaborative@doh.wa.gov</u> if interested.

Melissa shared that Collaborative partners had asked to know who else was in the Community Collaborative during recent meetings. An optional list of members <u>is now available here</u>, please add your name as relevant!

Melissa then introduced JanMarie Olmstead Ward, Community Collaborative Thought Partner, who is a lineal descendant of Santa Ynez and Barbareño, California Mission Indians. JanMarie is a public health strategist focused on whole health and well-being of American Indian and Alaska Natives. JanMarie led Collaborative participants in a Clearing Dyad where everyone was paired in breakout rooms and asked to answer four questions: What physical environment brings you comfort; where do you seek wisdom; and what brings you joy? The goal of the conversation was to build listening skills and deepen connections across Collaborative members.



## How Communities Can Use the 988 Crisis Line

Elizabeth Emmett and Kate Shetty provided an overview of the <u>988 Crisis Line</u>. Approximately 25% of Washingtonians are aware of 988. The goal of the conversation was to engage Community Collaborative members in thinking about how to build awareness of 988 as a resource for their communities.

Please email <u>Community.Collaborative@DOH.Wa.Gov</u> if you would like to work with DOH to build awareness of 988 in your community. We will compensate community partners for 2 hours of preparation, your time sharing with community members, and your time in a follow-up meeting May 7<sup>th</sup> at 3:30 with members of the 988 team.

The poll below was taken at the beginning of the meeting to gauge awareness.

1. What do you know about 988? / ¿Qué sabe usted sobre el 988? (Single choice)	
48/48 (100%) answered	
l had not heard of 988 before today / No había oído hablar del 988 hasta hoy.	(13/48) 27%
I have heard of 988 but don't know much about it / He oído hablar del 988 pero no sé mucho sobre él.	(11/48) 23%
I know about 988 and have some knowledge of its purpose and how it works / Conozco el 988 y tengo algunos conocimientos sobre su propósito y cómo funciona.	(15/48) 31%
l have strong knowledge of 988 and feel comfortable sharing it with others / Tengo un sólido conocimiento del 988 y me siento cómodo compartiéndolo con otros.	(9/48) 19%

Key messages from the conversation:

- There is no wrong reason to reach out to 988.
- Counselors will stay on the line for as long as needed to address the issue.
- Four specialty lines support the needs of specific communities: Veterans, Spanish Language, LBGTQ+, and Native and Strong Lifeline.
- Calls are routed to trained crisis at three crisis center in Washington state: Volunteers of America Western Washington, Frontier Behavioral Health, Crisis Connections in King County.
- 988 is a free service funded in part by a line fee (.40 per cell phone). Because of its funding structure there is hope that 988 services will continue to be available in the face of funding uncertainty.



Our post discussion poll showed that many more participants felt that they now would be comfortable sharing knowledge about 988 (51% vs. 19% prior to the conversation).

1. What do you know about 988 now? / ¿Qué sabe ahora sobre el 988? (Single choice)

43/43 (100%) answered

I am more familiar with 988 / Estoy más familiarizado con el 988

I now have some knowledge of the purpose of 988 and how it works / Ahora tengo algo de conocimiento sobre (14/43) 33% el propósito del 988 y cómo funciona.

I have strong knowledge of 988 and feel comfortable sharing it with others / Tengo un sólido conocimiento (22/43) 51% del 988 y me siento cómodo compartiéndolo con otros.

#### **Resources:**

Tools and resources for building awareness:

- <u>988 Presentation (PPT) (English) and 988 Presentation (PPT) (Español)</u>
- <u>988 Short Video</u>
- <u>SAMSHA 988 Partner Toolkit</u>
- DOH 988 Partner Toolkit
- <u>988 Trusted Messenger toolkit</u>
- Partner and Media Campaign Toolkit

## Urban Indian Initiative

Under the Urban Indian Initiative, DOH has invested \$4.25 million using a braided funding approach with six Urban Indianserving organizations throughout the state. These organizations have projects aimed at reducing social determinant of health-related disparities. The conversation began with a poll asking approximately what percentage of American Indians live in urban areas. Just under a third of participants correctly answered 70%.

1. Approximately what percent of native populations live in urban areas? / ¿Aproximadamente qué porcentaje de la población nativa vive en áreas urbanas? (Single choice)

49/49 (100%) answered

Less than 10% / Menos del 10%	(14/49) 29%
30%	(12/49) 24%
50%	(7/49) 14%
70%	(15/49) 31%
90%	(1/49) 2%



JanMarie and Julia Wilson-Peltier provided an overview of the Urban Indian population, including the lack of funding for services and other challenges the population faces.

Stephanie Sijohn and Marsha Matte of the American Indian Community Center (AICC) in Spokane, provided an overview. AICC is one of the six organizations that is part of the DOH Urban Indian Initiative. Core programs include GoodHeart Behavioral and Mental Health; Indian Child Welfare; Foodbank; and Central Intake for crises intervention, case management and referrals, winter clothing and more. They stressed that these services and AICC support is available to the whole community not just Urban Indian populations.

The Urban Indian Initiative is important to AICC to help support their funding and to ensure there is community space for access to essential social and economic development services. As part of the discussion the audience was asked about the importance of trusted community spaces. Key take-aways from this discussion include:

- We need more community spaces and more comfortable community spaces.
- Need to meet in places where we are very safe. It's difficult to do that.
- Now that there's so much fear we are moving back to online environment but there's still fear.

#### **Resources:**

- Learn more about the <u>Urban Indian Initiative</u>.
- Learn more about the American Indian Community Center in Spokane <u>via their slides</u> and their web site: <u>https://www.aiccinc.org/</u>

## **Closing Quote**

A quote from the International Council of Thirteen Indigenous Grandmothers was shared by Julia Wilson-Peltier.

"As you move through these changing times... be easy on yourself and be easy on one another. You are at the beginning of something new. You are learning a new way of being. You will find that you are working less in the yang modes than you are used to...Call on it. Call it up. Invite your ancestors in. As the yang based habits and the decaying institutions on our planet begin to crumble, look up. A breeze is stirring. Feel the sun on your wings."

- the International Council of Thirteen Indigenous Grandmothers



**Note:** We are working to find balance in the benefits and costs associated with translation. If you would like to share this or any part of our materials with an audience in another language, please email <u>Community.Collaborative@doh.wa.gov</u> and we will work with you to translate into the language(s) needed.

Estamos trabajando para encontrar un equilibrio entre los beneficios y costos asociados con la traducción. Si desea compartir esto o alguna parte de nuestros materiales con una audiencia en otro idioma, por favor envíe un correo electrónico a <u>Community.Collaborative@doh.wa.gov</u> y trabajaremos con juntos con usted para traducir al idioma o idiomas necesarios.