

DOH Community Thought Partners

Amelia Bai, Snohomish. As a Director at Oceania Northwest, Amelia uplifts the power of unity in the Pasifika communities to build thriving networks of care. [See bio.](#)

Email: msameliabai@gmail.com

Cara Elzie, Yakima, WA, she/her. Cara is in a BA/MA program at Arizona State University studying History, Justice Studies, and Sustainable Food Systems, and is currently interning at the Spark Network's Behavioral Development Team. She oversees the American Red Cross's International Services youth program for the Pacific Division (WA, OR, CA, ID, MT, HI, AK, Guam, American Samoa, Northern Mariana Islands) and serves on the Department of Health's Youth Advisory Council. For DOH, she is also on the Environmental Justice Workgroup, the T1D Workgroup, and is the lead facilitator for the T1D Teen Connect. Cara has experience working with youth advocacy groups around health issues, including mental health, nutrition, youth health, and sexual & reproductive health. Cara has also worked on a nonpartisan voter registration initiative, is a member of the Washington State HealthCare Authority's PEAR CAT, and has worked with the City of Yakima on their Community Integration Committee, before it was dissolved. Cara is passionate about making Yakima, and Washington as a whole, more accessible to people with disabilities and increasing support for substance abuse.

Email: cara.elzie@protonmail.com, cara.lynn.42@outlook.com

Cyril Walrond, Pierce. Cyril serves as Outreach and Advocacy Manager at RECLAIM, Pro-Equity and Anti-Racist (PEAR) Justice Director for the Black Prisoners Caucus Community Group and as Executive Director at Northwest Community Bail Fund. Cyril also serves as the community lead for the Community Collaborative's Carceral Health Equity workgroup. [See bio.](#)

Email: cyril.d.walrond@gmail.com

Faaluaina (Lua) Pritchard, Pierce (Tacoma). Lua serves as the Executive Director of Asia Pacific Cultural Center (APCC) since May 2010 and has been with APCC since early 1997. Lua engages extensively in community work, including as the Chair of the Asian Pacific Islander Coalition of Pierce County, board member of Washington State Arts Commission, Multicare Advisory Board, ARCORA Fluoridation Advisory Board, Pierce County Affordable Housing Consortium, Pierce County Arts & Culture Coalition, Tacoma Urban League Board, KBTC TV-BATES College Board, Washington State Department of Transportation Board, Governor Council on Environmental Justice and Commissioner of the Pierce County Arts Commission. [See bio.](#)

Email: faaluaina@asiapacificculturalcenter.org

Note - Skye Rozon serves as Lua's delegate. Skye serves as Program Manager for Business and Community Engagement Services at APCC. [See bio.](#) Contact Skye at skye@asiapacificculturalcenter.org

JanMarie Ward Olmstead, Thurston (Olympia). In addition to managing Seventh Generation Strategies, Jan serves as Senior Public Health Policy Advisor for the American Indian Health Commission, which collaborates with federal and state government agencies to mitigate the disparities in health systems serving Tribal communities and urban areas that have had a negative impact on AI/AN. JanMarie serves on the boards of Group Health Foundation, Community Advisory of University of Washington's Health Promotion Research Center, Washington State Public Health Association, Washington State Governor's Health Disparities Council, and the Wishtoyo Chumash Foundation. [See bio.](#)

Email: janolmstead@gmail.com

Jo Anderson, King (Tukwila). Jo serves as Inclusion & Engagement Manager, City of Tukwila which leads with an equity lens and embraces inclusivity for the betterment of Tukwila's diverse community. Jo recently started a leadership program for community members.

Email: Jo.Anderson@TukwilaWA.gov

Kathleen Wilcox, King (Seattle). Kathleen serves as Executive Director at AARTH Ministry which engages the Black community and allies with programs that address chronic disease self-management, mental health, senior health, and HIV/AIDS. Kathleen serves as a member of King County Health Equity Anti-Racism Community Advisory Group, King County Advisory Council for Seniors and Disabled Services, and member of the Seattle Parks Department's Rainier Advisory Council, and several other advisory councils. [See bio.](#)

Email: kathleenw@arth.org

Lin Crowley, Thurston (Olympia). Lin serves as Chapter Co-Chair and Program Director, APIC South Puget Sound, which promotes equitable access to culturally competent and linguistically accessible health and human services, economic development for small businesses, civil and human rights, equal access to education, and other concerns of APIs. Lin serves on faculty at the Evergreen State College. [See bio.](#)

Email: lincrowley@gmail.com

Maria Remington, Walla Walla. Maria currently serves as Manager of Equity & Collective Impact at the Accountable Community of Health (ACH) Greater Health Now. Maria (she/her) identifies as an immigrant who intimately understands the difficulties of adapting to a new country and healthcare system. Maria has experience working directly with migrant populations, giving her on-the-ground knowledge of their specific needs and challenges. Maria also leads a Promotoras de Salud (Community Health Workers) team across multiple counties, serving as their coach and mentor. Maria serves on the board of Walla Walla Immigrant Rights Coalition (WWIRC).

Email: mremington@greaterhealthnow.org

Mayra Colazo, Kittitas (Ellensburg). Mayra serves as Executive Director, Central Washington Disability Resources which advances the empowerment, inclusion, and wellness of all persons with disabilities through advocacy, community education, peer mentoring, and skill development so that they may realize independence and full participation in all areas of life. Serving Kittitas, Grant, Grant, Chelan and Douglas Counties. [See bio.](#)

Email: mayra@mycwdr.org

Mulki Mohamed, King (Seattle). Mulki is a community activist who joined as a Thought Partner following her engagement in Runta News, which primarily serves Somalis, Muslims, and Africans in the Puget Sound. [See bio.](#)

Email: mulkim928@gmail.com

Shalom Agtarap, Pierce (Tacoma). Shalom serves as head of Common Good Tacoma and Pastor, First United Methodist Church of Tacoma which promotes holistic well-being of all people, mental, physical, and spiritual health.

Email: shalom@fumcot.com

Tawn Thompson, Oroville, Okanogan County. Tawn is a director at Family Health Centers based in a rural county, overseeing operations and ongoing quality improvement in programs such as HRSA RCORP (Rural Communities Opioid Response), WIC, Palliative Care, Enrollment, and Outreach. Tawn has a comprehensive understanding of healthcare, from primary care to social determinants of health, as well as personal experience in navigating the complexities of the health care system.

Email: tthompson@fhc.us (509) 560-0914 (Cell)

Tia Moua, Spokane. As a Political Organizer for Asians for Collective Action and Asians for Collective Liberation (ACL) in Spokane, Tia (she/her) works closely with the Asian community in the Spokane region, including recently working with Spokane Regional Health District to identify community needs through a Community Health Assessment. As a queer, disabled, Hmong American woman, advocating for health equity for marginalized communities is extremely important to her. Tia organized a Spokane lobbying team and advocated at an Asian and Pasifika Lobby Day in Olympia, helping to secure an additional \$28.4 million in the Washington State legislative budget to expand healthcare access to undocumented Washingtonians. In her free time, Tia enjoys dancing, solo-traveling, and hiking.

Email: tmoua@aclspokane.org

Todd Holloway, Pierce (Tacoma). Todd is a Senior Independent Living Advocate, Center for Independence, a resource for individuals with disabilities to fully access and participate in the community through outreach, advocacy, and development of independent living skills. [See bio.](#)

Email: toddh@cfisouth.org

Van Kuno, Snohomish (Everett). Van has served as Executive Director, Refugee & Immigrant Services NW (RISNW) for 28 years. RISNW is a community hub, bridging the gap between traditional medical care and whole health. [See bio.](#)

Vincent Perez, Thurston (Olympia). Vincent is Co-Founder and Executive Director of The Equity Institute, an organization that fosters racial healing and solidarity, intersectional social justice, and environmental justice. Vincent currently leads Rethink Manhood, working with men and boys to deconstruct and counter cultural narratives regarding what it means to be a "real" man. [See bio.](#)

Email: vincent.perez@equity.institute • (360) 259-3035