

SNAP & MEDICAID FACT SHEET

Washington State Program Use by Congressional District



Constituents on SNAP in 2024¹

920,541 individuals

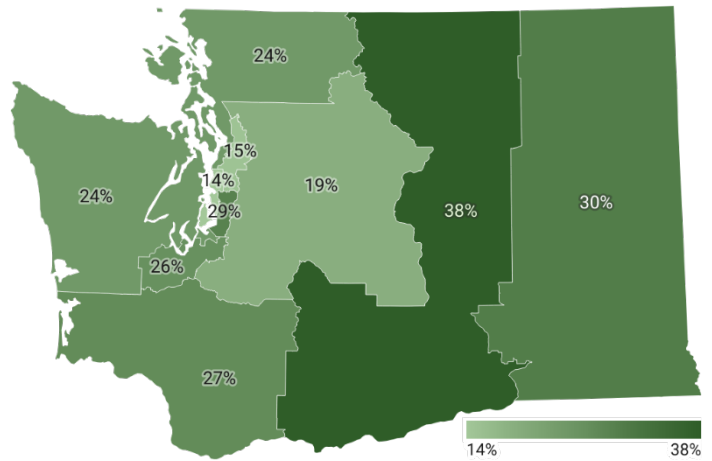
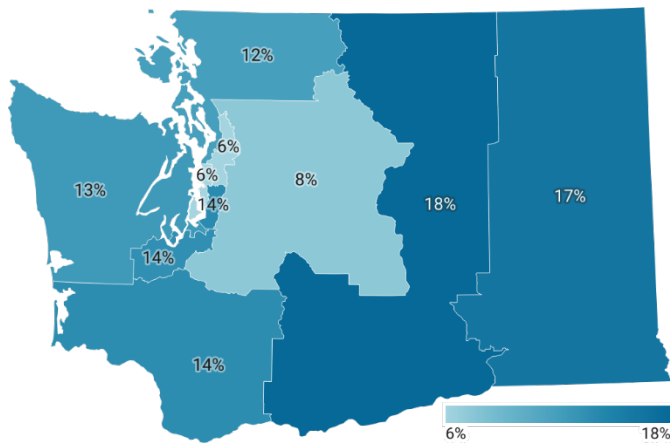
35% are children and 32% are elderly or disabled

Constituents on Medicaid in 2024²

1,950,826 individuals

45% are children and 15% are elderly or disabled

Washingtonians from all congressional districts rely on SNAP³ and Medicaid.



District	Representative	% of constituents
1	Rep. Suzan DelBene	6%
2	Rep. Rick Larsen	12%
3	Rep. Marie Gluesenkamp-Perez	14%
4	Rep. Dan Newhouse	18%
5	Rep. Michael Baumgartner	17%
6	Rep. Emily Randall	13%
7	Rep. Pramila Jayapal	6%
8	Rep. Kim Schrier	8%
9	Rep. Adam Smith	14%
10	Rep. Marilyn Strickland	14%

District	Representative	% of constituents
1	Rep. Suzan DelBene	15%
2	Rep. Rick Larsen	24%
3	Rep. Marie Gluesenkamp-Perez	27%
4	Rep. Dan Newhouse	38%
5	Rep. Michael Baumgartner	30%
6	Rep. Emily Randall	24%
7	Rep. Pramila Jayapal	14%
8	Rep. Kim Schrier	19%
9	Rep. Adam Smith	29%
10	Rep. Marilyn Strickland	26%

Note: Fact sheet includes most recent data available.

Endnotes:

¹ Economic Services Administration, Department of Social and Health Services, "ESA Briefing Book SFY 2024"

² Health Care Authority (March 2025). "Medicaid in Washington"[PowerPoint slides]

³ Food and Nutrition Service, U.S. Department of Agriculture, "SNAP Community Characteristics Dashboard Congressional District Explorer", <https://www.fns.usda.gov/data-research/data-visualization/snap-community-characteristics-congressional-district-dashboard>. (last accessed March 2025)