**REPORT**

**Survey and systematization of Promotoras progress**

This document highlights the responses submitted by the developers in the three counties so far. In some parts there is sufficient quantitative information to produce graphs that allow a better understanding of the information provided. On the other hand, there is qualitative information that requires further analysis.

The following is a detail of those who have submitted the survey

|  |  |  |
| --- | --- | --- |
| Center For Latino Leadership | Judith Jackson | Kittitas, Yakima, Adams, Grant |
| Kittitas County Health Network | Fatima Andraca and Teodora Moreno Guzman  | Kittitas County Health Network  |
| Kittitas County Health Network | Fatima Andraca and Teodora Moreno Guzman | Kittitas County  |
| Walla Walla Immigrant Rights Coalition | Paola Herrera | Walla Walla County  |
| Center for Latino Leadership | Judith Jackson | Kittitas, Yakima,  |
| Kittitas County Health Network  | Fatima Andraca & Teodora Moreno Guzman | Kittitas County |

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## County Clients Encounters

|  |  |  |
| --- | --- | --- |
| **County**  | **Date of reports**  | **Clients** |
| Yakima, Adams, Grant | 7/10/2024 | 9/16/2024 | 18 |
| Kittitas County Health Network  | 7/1/2024 | 8/1/2024 | 85 |
| Walla Walla County  | 9/10/2024 |   | 6 |

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## Services provided

|  |  |  |
| --- | --- | --- |
| **Services provided** | **%**  | **Repetitions**  |
| Health Care | 21 | 5 |
| Housing | 13 | 3 |
| Food  | 13 | 3 |
| Legal services | 13 | 3 |
| Behavioral health | 13 | 3 |
| Education  | 8 | 2 |
| Work related issues | 8 | 2 |
| family issues | 8 | 2 |
| Immigration  | 4 | 1 |
| **Total**  | **100** | **24** |

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**Repeticiones: son el número de veces que las promotoras anotaron en la encuesta online.**

## Description of services provided

|  |
| --- |
| **Description of services provided** |
| * I helped a couple clients through the health plan finder.
* Spoke to many farmworker leaders for better understanding of how to best deliver material.
 |
| * Outreach and referrals to the Developmental Disability Administration program at the Washington State Department of Social and Health Services. 6 families were accepted to receive services. There's an ongoing process of anticipating a response for a case manager to follow up and continue referrals to other programs to support families.KCHN's community health workers support 3 families with needs by dropping off food boxes from a community partner, APOYO food bank.
* Working with 2 unhoused families. There are ongoing needs, affordable housing, continuous food stamps, jobs, transportation, affordable childcare, legal services, and support for immigration asylum processes.
* Working with a family with a child with a substance use disorder. The community health workers are looking for resources and referring them to partner organizations and recreational activities.
* Working with a family that has an 8-year-old child who will go through a transplant surgery at Seattle Children's Hospital. The community health workers helped parents apply for family-paid leave, but they got rejected because they needed to accumulate the required working hours. Community Health Workers secured $765 from partner organization, APOYO to cover a month of rent.
 |
| * The promotoras facilitated the distribution of food boxes from APOYO Food Bank to eight households facing transportation challenges and medical needs.
* They referred one household for assistance with covering a month's rent due to medical surgery.
* Additionally, they supported two other families in completing applications for affordable housing and developmental disability support for youth, and obtained two no-cost booster seats from the public health department. When a family's home was damaged by fire, the promotoras provided clothing and home supplies and assisted with contacting their home insurance provider.
 |
| * En resumen, nuestra organización asistíos a la comunidad con referencias y asistencia a servicios legales de inmigración, así como asistencia para la renta y facturas médicas, y conectando a miembros de la comunidad con recursos de necesidad básica.
 |
| * I had a client that doesn’t like the long wait times at the Yakima clinic. She just needed her blood pressure read. Her blood pressure was pretty high. We discussed healthier lunch options for when she is working on the farms. We discussed other ways for her to manage her blood pressure.
* Another client I met at the resource fair needed support with health insurance, I ended up helping the whole family. It was more of just tech support with navigating the health plan finder website.
* Deanna conducted several blood pressure checks through the month.
* We provided over 20 prenatal vitamins to woman in the Yakima area.
 |
| * Reached out to families to invite them to GHN's blood pressure workshop via Zoom.
* Distributed food boxes to families in need.
* Assisted families with transportation arrangements.
* Provided translation services for a client requiring a Washington State ID.
* Referred clients' children to clinics for back-to-school vaccinations.
* Offered resources and information about WIC and food stamps.
* Supported families with the provision of back-to-school supplies.
* Guided two families seeking housing assistance.
 |

## Training participation

|  |  |  |
| --- | --- | --- |
| **Training participation**  | **Date** | **Type of meeting**  |
| Safe Sleep Training |   |   |
| Promotora retreat at Lazy F Camp | June 17-18, 2024 |   |
| The hospice and palliative care research and education- Principals of harm reduction with Opioids-  | June 24,2024  |   |
| Migrant Clinic Collation "vacuna entre hombres"  | June-25, 2024 |   |
| CDC- NACHC- Impact of climate change and heat exposure to communities | July 24, 2024. | Zoom  |
| HRSA- Improving prenatal healthcare in Hispanic Latino communities- Zoom meeting  | July 31, 2024 | Zoom  |
| Taller sobre presión arterial y pude ser parte del proceso. |   |   |
| Blood Pressure, Health Access, Using AI in healthcare, impact of digital storytelling |   |   |
| Promotora training in Walla Walla, WA.  | 8/29/24 | on-site |

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## Networking - Organizations that promotoras refer clients to

A total of 23 organizations that the promoters have referred to clients. Of which are repeated in the following counties:

* **Hope Source**
* **APOYO food bank**
* **Kittitas County Public Health Department - KCHN (events)**
* **Community Health of Central Washington**
* **DSHS**

|  |  |
| --- | --- |
| **County**  | **Organizations** |
| Kittitas County  | 13 |
| Kittitas, Yakima  | 7 |
| Walla Walla County  | 3 |
|  | **23** |

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**The new community partners in this month were:**

* Care Net
* Karen Carman
* Molina
* ESD 105- The CHWs attended a panel discussion "Mapping the Data to Substance Use Prevention".
* 509 Teens- Ongoing discussion with the executive director to bring outreach materials for families to their Cle Elum office.

## Events participate or organize

A total of 12 events in which the promotoras have participated and organized on july. They are distributed as follows:

|  |  |
| --- | --- |
| **Events**  | **Number**  |
| Participate  | 7 |
| Organize  | 1 |
| No description  | 4 |
| **Total**  | **12** |

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## Type of visits

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Kittitas, Yakima** | **Kittitas County** | **Walla Walla County** |
| Home visits  | 1 | 83 | 0 |
| Visits to vineyards or work sites  | 3 | N/A | 0 |
| Navigate the healthcare system | N/N\* | 2 | 0 |

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\*N/N: No number, but the promotora confirm she did.

## Support clients in adopting healthy behaviors

|  |
| --- |
| Directing them to WIC and Care-net. |
| I supported a family in leaning into a healthier routine by creating a setting around them that would allow them to develop and maintain healthy habits.  |
| The community health workers at KCHN collaborate on utilizing resources from across the county and state to address concerns. Success in achieving this goal is measured by referring families to appropriate contacts and ensuring they receive the services. |
| Inviting clients to join the GHN blood pressure workshop |
| Invitandolos a participar en talleres o ferias de salud  |
| Having a client led discussion on nutrition and what would support a healthier lifestyle.  |
| Orientation about vaccines, healthier diets, and exercises. |

## Principal success and challenges

|  |  |
| --- | --- |
| **Success** | **Challenges** |
| Partnering with Save Family Farming and Care-net | We are still ramping up this month and next, so it feels slow, but I understand the importance of building a strong foundation. |
| The biggest success of the month was to find funding to cover a month of rent for clients.  | Affordable housing organizations haven't accepted the two unhoused families. There is a long waitlist and ongoing property maintenance. It is a challenge due to the big household sizes and children. In the meantime, they are at an emergency shelter through a community partner organization, Hope Source. |
| Gathering proper resources for clients to feel seen, heard and supported. | Housing resources for unhoused clients |
| Mi mayor éxito este mes ha sido saber que puedo ayudar a mi comunidad.  | Me he enfrentado a mis emociones al conocer un poco más las dificultades a las que se enfrenta nuestra comunidad. |
| The networking event in Pierce county was a big success. Great connections with DOH, Molina, OSPI were made.  | None |
| Continuing our efforts to support the community, interact with other promotoras in Walla Walla, and attend the GHN blood pressure workshop. | Affordable housing |

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## Promotoras selfcare

|  |  |
| --- | --- |
| **Promotoras** | **Stress level**  |
| 1 | 4 |
| 2 | 3 |
| 3 | 2 |

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This means that more than half of the promoters have experienced level 2 stress in this period. One was at level 3, and another promotora felt level 4 stress.

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|  |
| --- |
| **How did you practice self-care to maintain your own well-being?** |
| Coffee on my front porch with my blooming flowers in the morning.  |
| The CHW's practice self-care by meditation, reading and communicating needs with supervisor. |
| boundaries, meditation and outdoors |
| Respetando mis límites. |
| I went for walks during some client meetings. This got us up and moving. I also took time to meditate and visualize what I wanted the year to look like.  |
| Meditation, reading and time with family. |