

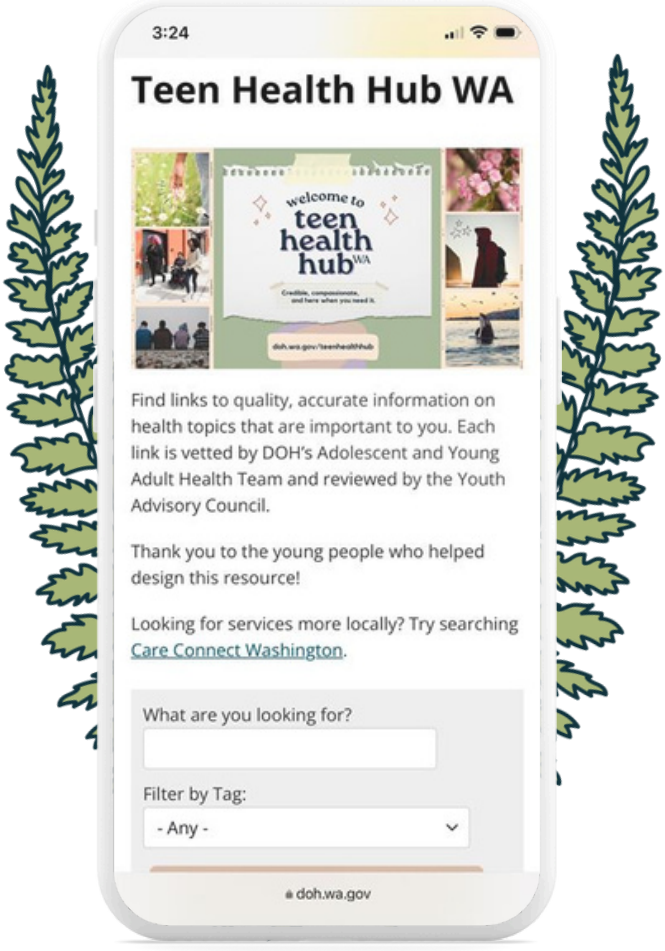
Reliable, relevant health information

By Washington young people, for Washington young people

Teen Health Hub WA (the Hub) (doh.wa.gov/teenhealthhub) is the Washington State Department of Health's (DOH) online directory of trusted health information for youth and young adults ages 13–26. The Hub was **co-created** with the **DOH Youth Advisory Council (YAC)** (waportal.org/yac) in 2023 in response to youth recommendations.

It features **100+ youth-approved resources** on:

- Mental and behavioral health
- Health care rights and access
- Sexual and reproductive health
- Dating, relationships, and safety
- Whole body health



The Hub incudes links to national and Washington-based resources, plus original content created with the Youth Advisory Council. This helps make sure young people can find clear, relevant answers to their health questions.

Resources are available in **English and Spanish**. All information on the Hub is **vetted by DOH subject-matter experts and reviewed by the Youth Advisory Council.** We regularly add new resources.

2 years of impact:

40,070

page views
that's an average of 50+ views per day

3,000+

clicks linking someone to youth mental and behavioral health resources

Scan to visit the Hub!

The Hub in the community

The Hub has been promoted across Washington with: **Educational Service Districts (ESDs), State colleges and universities, local health jurisdictions (LHJs), 16 Title X clinics, more than 30 schools and community-based organizations.**

Youth Advisory Council members also help promote the Hub in their own schools and communities.

> "We all have different issues we are passionate about, but we are here because we want to make public health more accessible."
> —Cara, YAC member

Help more young people find the Hub

- Share this information with young people you know, and with youth-serving professionals and organizations.
- Reshare our social media posts on your socials or create your own.
- Contact AdolescentHealthUnit@doh.wa.gov to schedule a presentation for your team.
- Reach out to submit a resource for Hub consideration or request free promotional items. We've got stickers, posters, and more!

Visit Teen Health Hub WA regularly for updates, new resources, and information for teens and young adults.

teen health hub WA

Adolescent and Young Adult Health
Prevention and Community Health
Washington State Department of Health
adolescenthealthunit@doh.wa.gov

Washington State Department of HEALTH

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