

2026 CBO Small Grant Opportunity for Community and Faith-Based Organizations

The [Alzheimer's Association Facts and Figures for Washington \(PDF\)](#) reports that over 126,000 people in Washington live with dementia, including Alzheimer's disease, and Alzheimer's is the 4th leading cause of death in our state. These numbers are expected to rise dramatically over the next 20 years due to an increasing aging population.

Communities most affected by dementia include Black and African American communities, American Indian and Alaska Native communities, Hispanic communities, and many rural communities. Members of these communities are diagnosed with dementia at higher rates.

The Washington State Department of Health (DOH), with support from the Washington State Dementia Action Collaborative (DAC), is offering grants to community or faith-based organizations in our state that aim to help communities:

- Promote brain health and increase awareness of dementia
- Connect people with the information and resources they need
- Encourage partnerships and collaboration to address brain health and dementia

Grant Overview

The grant requirements and amount are flexible to meet the needs of different organizational capacities and communities. The minimum grant amount of \$5,000 is available to provide information and educational opportunities about brain health and dementia and encourage communities to take action to reduce the risk of dementia. Organizations can also choose an additional activity that promotes actionable and sustainable changes regarding brain health and dementia. After completing that activity, they will receive \$2,500 of grant funds.

Each organization can receive a maximum amount of \$7,500 in funds. DOH will provide support and resources to assist organizations in accomplishing their deliverables throughout the grant term.

Minimum Grant Requirements

\$5,000 to Complete the Following Activities and Deliverables

- Participate in an initial awardee conference call (date to be determined) with DOH.
 - **Deliverable:** Nothing to submit. DOH will record attendance.

- Identify 1-2 [trusted messengers \(PDF\)](#) from your community. We want trusted messengers with strong connections to the people they serve within their organization or community to provide education about brain health and dementia.
 - **Deliverable:** Send the trusted messengers' contact information to DOH.
- Trusted messengers will attend a full day in-person facilitator training for the Brain Health and Dementia Awareness in our Communities (BDAC) curriculum. We will determine the date and location after choosing awardees. We intend to make these trainings convenient for awardees to attend with minimal travel expenses and time.
 - **Deliverable:** Trusted messengers must attend one of the facilitator training courses. No submission required. DOH will document attendance.
- Trusted messenger will host at least 2 educational sessions (each approximately 2 hours in length) using the [BDAC curriculum \(PDF\)](#) for the community they serve. You will help BDAC participants complete an online evaluation survey or input paper copy evaluation data into the online survey link.
 - **Deliverable:** DOH must receive online survey results and a scanned copy of the sign-in sheet for each training.
- Share information and data about brain health, dementia, and modifiable risk factors on your organization's communication platforms and with community partners. DOH will provide types of data and information available to share. Examples of ways to share information may include brochure holders, websites, newsletters, bulletin boards, social media platforms, presentations, meetings, and more.
 - **Deliverable:** Fill out a DOH online activity report summarizing the information shared and how you shared it.
- Submit a final narrative report summarizing grant activities and any outcomes, insights, results, and reflections to DOH.
 - **Deliverable:** Submit online report provided by DOH.
- Complete project evaluation survey sent by DOH.

Optional Grant Activities

Awardees were given the option to receive an additional \$2,500 to complete one optional activity during the grant period.

Funding Details

- This initiative is made possible with funding from the Centers for Disease Control & Prevention [Building Our Largest Dementia \(BOLD\) Infrastructure for Alzheimer's Act Grant](#) and therefore must abide by all federal grant requirements.
- Funds will be reimbursed for each of the contract deliverables completed and invoices submitted.
- We recommend submitting invoices monthly as activities are completed, but at least once a quarter.
- Grant funds **may be used** for project staff/volunteer salaries or stipends, supplies, local project-related travel, subcontracts, community convenings, and other direct expenses as they relate to the contract deliverables.
- Grant funds **may not be used** to substitute for or replace funds already allocated or spent for the same activity. They **may not be used** for equipment, construction or renovation of facilities, lobbying, travel unrelated to the project, the purchase of food or incentives. Grant funds must be used in accordance with federal funding guidelines as outlined in the agreement.