

How can I help uninsured clients get vaccinated?

- Let clients know that many vaccines are available for free or at low cost without insurance.
- Direct them to community clinics, pharmacies and local health departments that offer vaccine appointments regardless of insurance status.
- Connect them to community-based and culturally responsive programs that offer free or reduced-cost vaccines for uninsured adults.

What is Long COVID and how do I explain it to clients?

- Anyone who has had COVID-19 can develop Long COVID, which means their symptoms last for 3 or more months.
- Common symptoms include chronic fatigue, breathing difficulties, dizziness, memory problems and changes to heartbeat.
- Doctors are still learning about Long COVID. If a client's symptoms are long-lasting, have them contact their provider.
- Staying up to date on vaccinations is the best way to reduce the risk of Long COVID. Vaccines are available for free or at low cost.



To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email doh.information@doh.wa.gov.

This is funded by a grant from the US Centers for Disease Control and Prevention to the Washington State Department of Health (6NU50CK000515-05-14).

DOH 130-113 April 2026 English

Questions from CHWs like you.



Every client conversation is different.

You may still have questions about how to address certain topics.

Here are the answers.

What should I do if a client won't get vaccinated for religious reasons?

- Many faith leaders support vaccination, but some have made people afraid and suspicious of vaccines.
- Everyone's beliefs are different, so it's best to listen to and ask questions of your client rather than trying to change their mind. Recommend them to a provider or medical professional who will give them factual information.
- Let your client know you're open to talking more and providing facts about vaccines.

How do I advise clients who are pregnant or new parents and have concerns about vaccinations?

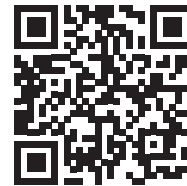
- Encourage them to talk to a health care provider or their pediatrician about the safety of vaccines — for themselves and for their children.
- Let them know they may have to ask their medical providers directly about vaccines, including for COVID-19.
- You can also reference the recommended vaccine schedule provided in **Tip Sheet 1**.

Am I allowed to contact a client's primary care provider if they have questions I can't answer?

- Yes, but always get the client's permission first and avoid asking providers for personal health information.
- You can help clients schedule vaccine appointments through their provider, or ask what vaccines they need.

What if a client won't get vaccinated because of negative experiences with past providers?

- Acknowledge their experiences and feelings, and let them know their concerns are valid and that they deserve to be treated with respect.
- Offer to talk through the vaccination process. Allow them to ask questions, take their time and make informed choices.
- If they are interested, connect them to a trusted provider who you know will listen, respectfully answer questions and create a more positive experience.



Connect clients to local places they can get vaccinated.

Scan the QR code, then click the **FAQs** button.

