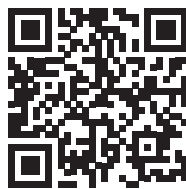


Ekatak elaplok

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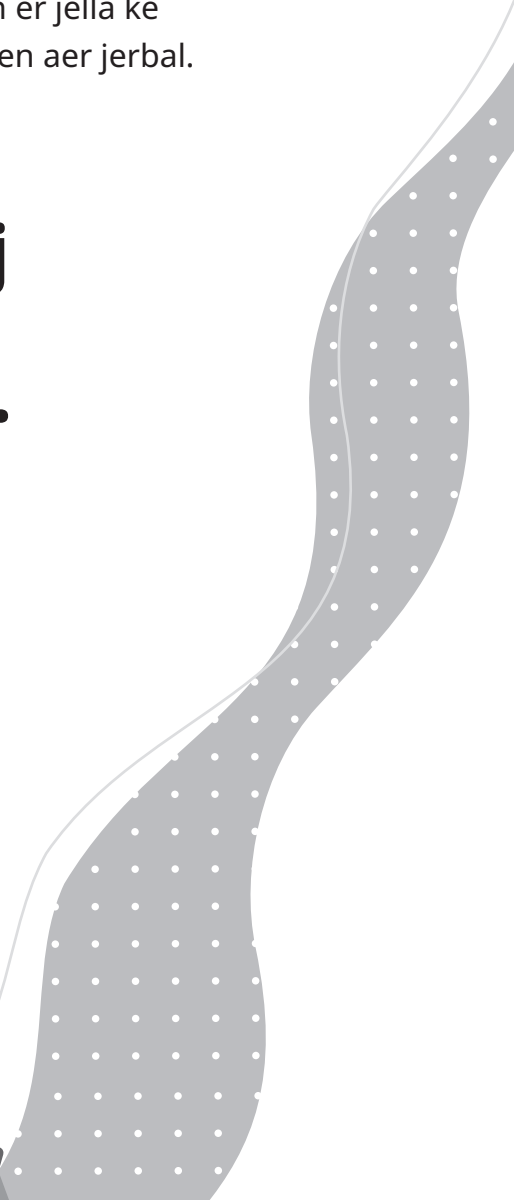


Ñe kwoj kōnnaan ippān client ro, aorōk ñan am kōmman bwe alikkar ñan er im jellā mejele ko remool.



Kwalok kin mejele ko sciencerejimwe remaroñ kōmman bwe en laplok an client eo am löke eok im kwalok ñan er jellā ke wā ko rej bobrae im jeppet kutien aer jermal.

**Eñin ej ta
ko CHWs rej
aikuj jellā
kake wā ko.**



Errein ej jōt melele ko remoo! kake wā.



Wā ko rej **tiljek aer teej** mōkta jen aer maroñ ajej. Jokdoon elikin an mōj aer weeppan, rej etale wōt ñan kōjbarok.



Wā ko rej **lomōḡor mour ko** ilo aer bobrae nañinmej ko, utaḡwe im mej. Wā ko rej jālitak eo ad eman tata nae nañinmej ko āinwot polio, pok aidik, COVID-19 im eloñ ro jōt.



Elañe kwonij nañinmej, bōk wā **ej kadiklok kakkūmkūḡ** in an nañinmej eo am kauwōtata ak epāake mej.



Wā ko rej **jipañ enbwinnim kiḡe** im tarinae ippān nañinmej ko. Rej bar bobrae an ajedeed nañinmej ilo jukjukin pād eo am.



Errein ej wā ko ekkā bōk im ñaat eo rej rojāñ in bōk.

- **ÑAN NIÑNIN KO REJ KAB ẸŌTAK ÑAN 12 ALLŌÑ:**
Hepatitis B ilo ien Ẹŋtak, RSV, rotavirus, DTaP, Hib,
pneumococcal, polio, COVID-19 im būlu
- **ÑAN AJRI RO 1-8 YIIŌ DETTAN:**
Eloñ!ok wā in jŋt iaan wā ko ñan
niñniñ, hepatitis A, MMR, pok
im būlu
- **ÑAN AJRI RO 9-18 YIIŌ DETTAN:**
HPV ilo 9 yiiŋ, Tdap im meningococcal
ilo 11 yiiŋ, būlu im COVID-19 aolep boŋ
- **ÑAN RŪTTO RO:**
Flu, COVID-19, shingles, RSV,
pneumococcal im Tdap wā in kokajoor ko
- **WĀ KO EPĀĀKE-BŌRŌRO:**
Tdap, flu, COVID-19 im RSV
wā ko rej rojāñ ilo ien bŋrŋro
ñan bobrae jimor pāron im niñniñ

Kajojo wā oktak. Client ro, elaptata
ro emojno enbwinnier, rej aikuj
tŋpar taktŋ ro aer kake ro remaroñ
aikuji. Eitin aolep jikin kauno ko, jukjukin
pād clinic ak rā ko an ājmour
rej kotlŋk appointment in wā.

Ekatak elaplok

Jikaan e QR code eo, innem
jiped **Pepa in kwalok naan
in kapilök ko** ñan elaplok
kein jipañ im link ko.



**Ñe kwoj kōṃṃao ippān
client ro kake wā,
ṭon eo am im bōklōkōt
eo am rej aorōk.**



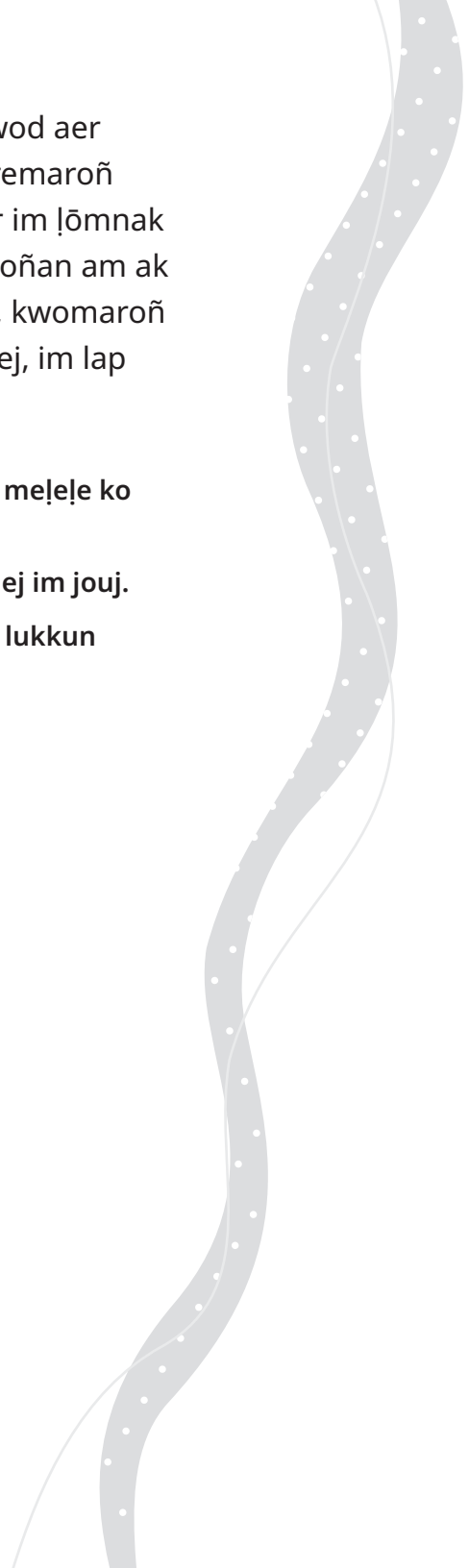
Eñin ej waween an maroñ lap
tōprak in kōṇōṇō ko am im
likūt er ilo aenōṃṃan.

**Ej EMAN
ñan an wōr
kajjitōk
kake wā.**



Elap mejele ko rebwod ak ebwod aer kwalok kake wā ko, im client remaroñ kwalok abñōñō ko aer, perper im lõmnak ko rekajoor kake er. Jokdoon joñan am ak an client ro am ṁaroñ eñjake, kwomaroñ tōl bwebwenato ko elap kautiej, im lap mejelein kake aorōk in wā ko.

- Kajjitōk ñe kwomaroñ kwalok mejele ko ikkijen wā.
- Pād wōt ilo am jokwane, kautiej im jout.
- Roñjake ṁōkta. Uwaak ilo am lukkun kōṁanlokjen.
- Kajjitōk ta kajjitōk ko aer.
- Dāpij an eman tōn eo am.
- Kile eñjake ko aer.
- Kwon ineemṁan im rojāñ.



Kwon kajnōt im jab kōmman am māke ļōmnak. Lelok kajjitōk ko rej aikuj kōjerbaļe elaplok jen aet ak jab wōt ņan uwaak ņan am meļeļe eņjake ko aer im ta ko rej aorōk ippeir.

ŅAN WAANJOŅAK

“Kwoņaroņ ke kwalok ņan io elaplok? Kajjitōk ta ko am kake wā ņan baamle eo am?**”**

Kiļe abņōņō ko aer im jab jāj.

ŅAN WAANJOŅAK

“Kwojjab māke iam ilo an wōr am kajjitōk kake wā ko. Jej aolep konan kōjbarok ro jej iakwe er im bwe en eman ājmour ko aer, im ewōr meļeļe ko rej kōmman aitwerōk im aepokpok ilo intonet im jojal media.**”**

Kalimjōk ta ko wā rej jipaņ kake.

ŅAN WAANJOŅAK

“Iņaroņ loe ke kwoj abņōņō kake ājmour eo an baamle eo am. Wā ko remaroņ jipaņ bobrae eok im er jen bōk naņinmej.**”**

Kōmman bwe en pidodo im jeņjerā, ak bar kōjjeļā ki er ke juon jikin bōk meļeļe eo kwomoņoņ tōmak e.

ŅAN WAANJOŅAK

“Iņaroņ ke kwalok ņan eok ta eo emōj ao katak kake waween an wā ko kōjbarok eok im ro kwoj iakwe er?**”**

Lelok jipaņ im kokajoor.

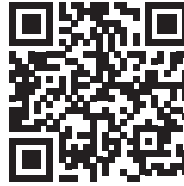
ŅAN WAANJOŅAK

“Elaņe ej tok limoim, iņaroņ kwalok meļeļe ko remaroņ uwaak jōt iaan kajjitōk ko am kake wā. Iņaroņ bar pād ņan wonņaanlok wōt kake bwebwenato in elaņe kwoj konan kōnnaan elaplok.**”**



Ekatak elaplok

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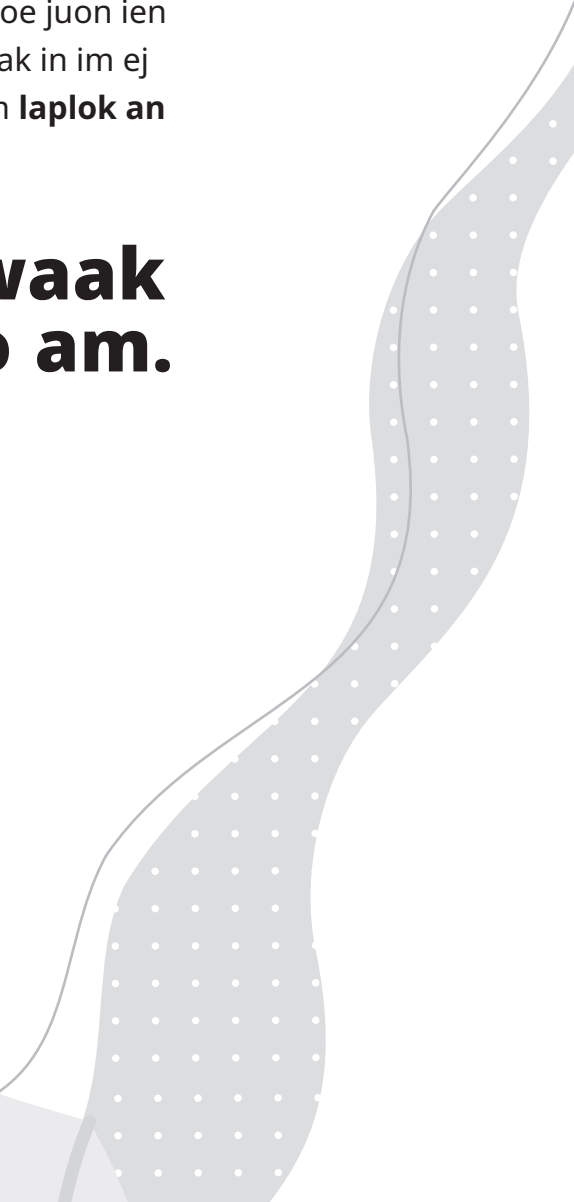
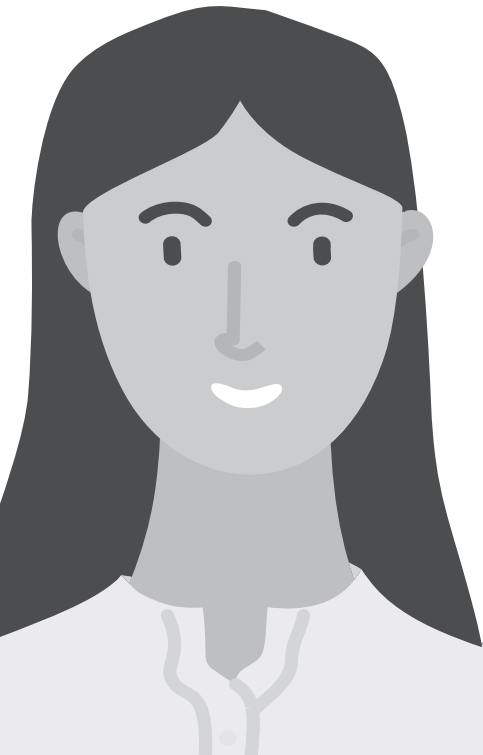


Ñe client ro rej iwaj ñan eok
kake abñōñō ko kake wā,
kwomaroñ uwaak ilo waween
ko rej kwalok am konan
kōmman jemjera, jipañ im
melele ko remool.



Uwaak ko am remaroñ jinoe juon ien
bwebwenato eo elap tōprak in im ej
kōmman bwe client eo am **laplok an**
lōke ñan bōk wā.

**Imaroñ uwaak
abñōñō ko am.**



Errein ej jōt abņōņō ko an client rekkā.

Ukōt uwaak kein bwe kwon eņjake aer lukwi. Kwalok am meļeļe im kajnōt, ak bar tōl kake meļeļe ko remooļ.

“Ij roņ ke kwoj naņinmej elikin am bōk wā.”

Jōt armej rej eņjake an ebboj peir ijo rekar wā ie. Kwomaroņ eņjake am mōk im piba jidik iuņwin juon raan. Ta ko rellap aer waļok elikin wā relukkun jeja.

“Ij riit aunļain ke wā ko reņaroņ kōmman autism.”

Wā ko rejjab kōmman autism. Emōj an katak mennin jen scientist ro iuņwin yiiō. Kij ko im jekjek ko ilo meļan reņaroņ kōmman autism. Wā ko rejjab jelōt kij.

“Ejelok aō injuron im elap wonāān wā ko.”

Eloņ iaan wā ko ejelok wonāān ak edik-wonāān. Ilo Washington, ajri ro iuņwin 19 yiiō reņaroņ bōk wā ilo ejelok wonāān. Ewōr bar juon būokraam eo ewōr wā ko edik-wonāān ñan rūtto ro ejelok aer injuron 19 loņļok.

“Imijak in bōk wā jen jekjek in emakūt eo aō.”

Kwojjab aikuj kwalok jekjek in emakūt eo am ippān jabdewōt ñan bōk wā.

“Emōj ao bōk COVID, im eman ao eñjake.”

Jabdewōt armej reṃaroñ bōk COVID-19 elaplok jen juon alen, eo eṃaroñ kōmman kakōlle ko aitok aer-pād ak kalaplok kauwōtata ko āinwot būrooblem in menono. Jokdoon armej ro eman ājmour ko aer rej aikuj bōk wā ñan bobrae jen nañinmej ko rellap.

“Taktō ro rekonan wōt bwe in wā kinke rej bōk jaan jen e.”

Taktō im jaintij ro rej rojāñ bwe armej ren wā ñan bobrae. Rejjab bōk jaan jen er.

“Emōj ao bōk wā eo. Ijjam aikuj bar bōk e”

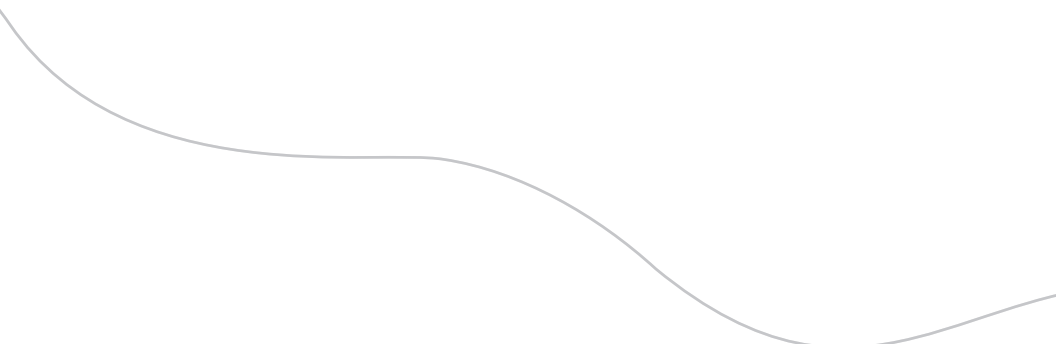
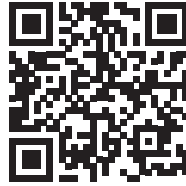
Baerōj ko rej oktak im wā ko rej kokāāl ñan an eman lak aer bobrae jen er. Taktō eo am eṃaroñ bar rojāñ ñan bar bōk wā bwe en aitok-lak am bobrae.

“Ritōl eo ilo mwon jar eo aō ej ba ijjab aikuj bōk wā.”

Eitin aolep kabuñ rej kotlok ak rojāñ armej ñan bōk wā. Eṃaroñ jipañ ñan kwalok mejeje ko remoo! ippān ritōl eo an mwon jar eo am. Iṃaroñ kwalok elaplok mejeje ippām.

Ekatak elaplok

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Kwoṃaroñ kwalok ājmour ilo waween ko rej kautiej ṃanit ko an client ro am.



Kwoṃaroñ kōjje!ā client ro ke wā rej bobrae jen nañinmej ko rellap ilo am bar rejetak kelet ko aer. Wonṃaanlok ilo am kōṇōnō kake wā bwe en eman lak am me!e!e kake tōmak ko aer.

Koba ippān wā, imenene kein reṃaroñ dāpij an eman ājmour eo am.



Em̄aroñ wōr am client ro rejjab konan bōk wā. Āinwot juon CHW, kwom̄aroñ wonm̄aanlok ilo am kwalok kōn science in wā ko ilo am kautiej kelet ko aer. Men kein rej naan in rojāñ in ājmour ko reṃaroñ dāpij an client ro am, ro rej iakwe er im jukjukin pād ko aer pād ilo an eman ājmour.

Ñe kwonij nañinmej:

- Kememej ke ajri jidik ro, niñniñ, rūtto ro im armej ro ewōr aer nañinmej kauwōtata rej pād **ilo elaplok kakkūmkūm** in jorrāān in eloñ nañinmej ko.
- **Pād wōt mweo imōm** elañe kwom̄aroñ, im jab pād ilo jikin ko lowaan em̄ ebwijin armej ie.
- **Pinej loñiim** kake jimwin peom̄ ak juon too! ñe kwoj pokpok im ṃaje.
- **Kanake juon N95** māāj ñan bobrae an ajedeed baeroj in menono ko reṃaroñ kōmman nañinmej ko āinwot COVID-19 im būļu.
- **Kwaļe peom̄** ilo an ikkūt.
- Elañe kwonij teej positive ñan COVID-19, wūno in kōṃadmōd baeroj ko āinwot Paxlovid reṃaroñ jipañ eok **bwe en mokaj lak am mour im bobare nañinmej kauwōtata ko.**



Kōjbarok eok māke jen bōk nañinmej.

- Dāpij am mōñā ilo waween eo eman ñan ājmour im e peļan, pād wōt ilo am emourur im buul kiki ñan **kalaplok an kajoor enbwinnim**.
- Pād wōt ilo am loore raan in **appointment in ājmour im kakōlkōl ko**. Loelak taktō eo am ilo diktata juon alen aolep yiiō. Ien etaļe ko aolep iien reṃaroñ dāpij an eman ājmour eo am im kadiklok kauwōtata in am bōk nañinmej.
- **Kwaļe peom** elikin am kōjerbaļe mōn kabojjak, mōkta jen mōñā im mōkta jen am jibwe mejam.

Wā ko rej waween eo jejjet kutien an jermal ñan bobrae eloñ nañinmej ko.

- Bōk wā emaroñ **kōjbarok eok** jen eloñ nañinmej ko reṃaroñ kōmman bwe en wōr rej mej.
- Meleļe ko rej pedped ion-science ej kwalok **kewā ko emōj aer lo Moor mour ko** im bobrae nañinmej ko im eñtaan. Wā ko emōj aer kōmman bwe nañinmej ko āinwot polio im pok aidik en diklok aer walok im kadiklok kauwōtata in bōk nañinmej in toñal ilo aitokin mour an juon armej.

