



# Measles Guidelines for Healthcare Providers

**DOH recommends healthcare providers follow five steps when dealing with potential measles cases.**

## 1. Isolate

Keep patients with a rash and fever away from shared spaces. Keep the patient in an airborne infection isolation room or a private room with a closed door.

## 2. Notify

Immediately notify your local health jurisdiction (LHJ) about suspected cases to ensure testing and investigation.

## 3. Test

Work with your LHJ to get approval to test for measles through the [Washington State Public Health Laboratories \(PHL\)](#).

## 4. Manage

Provide appropriate measles post-exposure prophylaxis (PEP) to close contacts without evidence of immunity in coordination with your LHJ.

There are two types of PEP for measles: MMR vaccine or Immune Globulin (IG). To help provide protection or modify the clinical course of disease among susceptible people, administer one of these:

- MMR vaccine, if administered within 72 hours of initial measles exposure.
- Immune Globulin (IG), if administered within 6 days of exposure.
- Please see [Red Book](#) Measles chapter [Table 3.32](#) and [Table 3.33](#) for additional clinical indications for PEP.

## 5. Vaccinate

Make sure all your patients are up to date on MMR vaccine, especially before international travel.

