



Measles, Mumps, Rubella (MMR) Vaccine Quick Facts

Vaccines for children

Children should receive two doses of MMR vaccine.

- The first dose is given between 12 and 15 months of age.
- The second dose is given between 4 and 6 years of age.

Vaccines for adults

Adults who have never been vaccinated against measles or do not have evidence of immunity should get at least one dose of the MMR vaccine.

Adults who are unsure of their vaccination status can check MyIRmobile.com or request a complete immunization record from their healthcare provider, clinic, local pharmacy, child's school or DOH, or request a titer.

[More information is available here.](#)

Vaccines for health care staff

Health care staff without measles immunity should get two doses of MMR vaccine, separated by at least 28 days.

Before international travel

If you are planning international travel, it's essential to protect yourself and your loved ones against measles.

The CDC recommends that anyone 6 months or older get vaccinated before traveling abroad.

Infants 6-11 months old should get one dose of the MMR vaccine before international travel, followed by two more doses after their first birthday.

Vaccines protect everyone

Getting vaccinated protects yourself, your family, and others in the community. This protects people who can't get vaccinated, such as those with weakened immune systems, infants, and pregnant people.

