



Parent, Guardian, and Caregiver Advisory Board

Helping parents, caregivers, and guardians support their teens and young adults.

Young people thrive when their parents, guardians and caregivers are engaged and involved in their health care.

The Washington State Department of Health's Adolescent and Young Adult Health (AYAH) Team wants to learn more about what parents, guardians, and caregivers need to help their teens and young adults navigate medical and behavioral health systems.

That's why we're forming the Parent, Guardian, and Caregiver Advisory Board (PCAB).

Applications are open this summer.



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What does the PCAB do?

PCAB members meet virtually with DOH staff. They share their perspectives, ideas, and recommendations on how to improve health care access, navigation and information for young people and their caregivers. Members can also share about the types of resources families need to support their young people's health and well-being.

Their feedback will help shape programming and projects that support teens and young adults for DOH's Adolescent and Young Adult Health Program.

Who can join?

Parents, guardians, or caregivers of young people ages 11–24 in Washington can apply. We are looking for people who:

- Want to help improve health care access and services for young Washingtonians
- Can participate in most scheduled meetings
- Can use Zoom or are willing to learn

We especially encourage people from communities and groups that are underserved or underrepresented in health care to apply.

Learn more or apply

- [Visit the PCAB Webpage!](#)
- Email us at adolescenthealthunit@doh.wa.gov with any questions

Know someone who might be interested? Please share this opportunity with them.

To request this document in another format, call 1-800-525-0127.

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