MA U MALAYNAYSAA IN CANUGAAGU QABO

JADEECO?

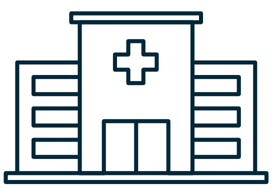
Waxa aad samaynayso hadaad u malayso in canugaagu jadeeco qabo

Jadeecadu waxay inta badan ku bilaabataa qandho, qufac, sanka oo duuf ka socdo, iyo indhaha oo guduuta taasoo keenta finan. Haddii qof qoyskiina kamid ah leeyahay astaamaha jadeecada:

Ka fogee xubnaha qoyska ee aan xanuunsanayn.

Qof walba oo guriga jooga waa inuu guriga joogaa si uusan xanuunka u qaadsiin dariska ama dadka dibadda jooga.

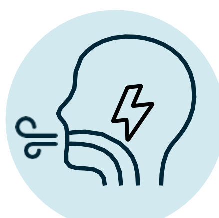
Wac dhakhtar ama isbitaal islanarkiiba si aad ugu sheegto in qof guriga jooga uu jadeeco la xanuunsanyahay. Waxay ku siin doonaan tilmaamo.



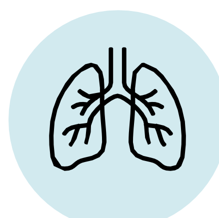
Marka aad aadayso qaybta xaaladaha degdega ah

Haddii xaalada qofka xanuunsan ay si dhakhso ah uga sii darto ama uu leeyahay wax kamid ah astaamaha hoose gee waaxda xaaladaha degdega ah ee isbitaalka islamarkiiba.

HA SUGIN.



Neefta oo dhibaysa
(ama inuu u neefsanayo si ka badan sida caadiga ah)



Xanuun marka uu neefsanayo ama qufacayo

Jirka oo qalala
(sanka iyo afka oo qalala, kaadida oo ku yar, oohin aan illin lahayn)

Qandho ama madax-xanuun aan kala joogsi lahayn

Jaah-wareer, dhiifoonaanta oo yaraata, ama tabaryari aad u daran

Afka geesihiisa oo buluug noqda, tamar yari, ama oomateed yari
(caruurta yaryar)

Qof u sheeg inuu waco intaadan imaan. U sheeg isbitaalka qofka la xanuunsan jadeecada inuu imaanayo.

U DIYAAR GAROW JADEECADA
cdc.gov/measles