Ewe Ewe mi Lapalap 8

Ekkewe Fofforun Letip mi Murinno ren Semwenin Letip me Suke

Ew me ew sasing fan a wewe ngeni ew me nein ekkewe **Ewe 8 mi nap** ekkewe foffor mi murinno mi pesei.



Mwokutkut



Eniyéech



Kopwe Pworausfengen



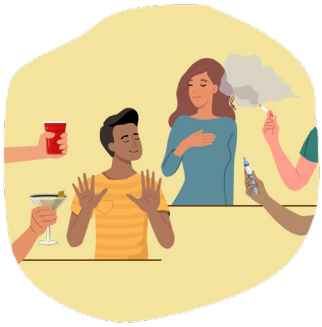
Checkinuk
Pworaus usun Chcha



Weweiti Om
Ukukun Suke nom om Chaa



Kopwe Silei Om
Efelin Cholesterol



Kosap ünümi sakaw,
Vaping me Sakau



Kopwe tapweno mwirin
noumw we tokter
Ekkewe kapasen pesepes

Ai Kokkot:

Washington State Department of HEALTH

DOH 345-368 July 2026 Chuukese

Ika ke mochen kopwe nounou ei taropwe non pwan ew sokkun nikinikin, kopwe kokori 1-800-525-0127. Ren kastomer mi pung seninger ika weires ar rongorong porous, kose mochen kori 711 (Washington Relay) ika emailini doh.information@doh.wa.gov.