

Adolescent Health Mini Needs Assessment

We want to know what young people in Washington think about health care—and what health care providers need to support them.

In the Adolescent and Young Adult Health Unit, we want young Washingtonians—no matter who they are, what they look like or where they live—to have access to health care services that meet their individual needs, and can use the full range of health services available to them.

To learn more about the state of adolescent health care in Washington, including the challenges, barriers, and potential improvements to consider, we launched a mini-needs assessment. Our goal is to hear from teens, young adults, and their health care providers about health care access, services and delivery, including adolescent well-visits, mental and behavioral health.

We'll use the results of the needs assessment to shape the Adolescent Health program planning and support our Maternal Child Health Block Grant goals, objectives, and deliverables. We will also share a summary of findings with key partners. Ultimately, this information will help us better serve Washington's young people.



September 2023

For teens and young adults

We're looking for Washington residents, age 13-22 to take an anonymous online survey!

We want to hear from young people in Washington. Inclusivity, diversity, and representation are vital to this work and want to hear from teens and young adults from all over the state and with a variety of social, economic, political, cultural, and geographic backgrounds. This feedback will help improve the effectiveness of our youth-focused health programs.

 Teens and young adults can share their feedback with us by taking an anonymous online survey—use this survey link or scan the QR Code



For youth-serving providers

We want to hear from health care and mental health providers serving teens and young adults. Topics we want to know more about include challenges, needs, and successes around adolescent well-visits, mental and behavioral health, provider training needs, telehealth, confidential services, and billing and reimbursement. This feedback will guide adolescent health support and training for youth-serving providers.

We have three ways youth-serving providers can share with us:

- Take an anonymous online survey. The survey should take about 20 minutes and has mostly openended questions: https://redcap.link/AHProviders.
- Participate in a future virtual listening session. Go to our <u>webpage</u> for more information.
- Participate in a key informant interview. Email adolescenthealthunit@doh.wa.gov to schedule.

For more information about this project, go to our webpage:

<u>Adolescent Health Needs Assessment | WaPortal.org</u>

Find resources and information on youth-friendly services found at:

<u>Resources for Young People | WaPortal.org</u>

Help us spread the word! Please share this information in your organization, networks, and with eligible teens, young adults, and youth-serving health care providers.