

LA Maternal Mental Health Access - LAMMHA

ECHO Perinatal Case Conference Series

Funded through the [California Health Care Foundation](#), the LAMMHA ECHO series is a 10-session **CME-accredited*** and **CE-accredited†** program for California State providers and mental health professionals who want to improve mental health care for their perinatal patients.

The series will provide evidence-based strategies to treat perinatal mental health conditions in combination with in-depth case presentation and group discussion. Sessions will be facilitated by regional experts and UW psychiatrists and family medicine physicians. The 10-month case series will be offered February – November 2023, 2024. Providers are welcome to join ongoing cohorts at any time in the series.

Who Should Join: family medicine physicians and other primary care professionals, obstetricians, pediatricians, midwives, nurse practitioners, medical assistants, care managers, LMFTs, LPCCs, LCSWs, LEPs, psychologists

Session Schedule:

10, 60-minute sessions, held on 2nd Tues, 12:00-1:00pm PST
February – November 2023, 2024

Session Topics:

- Addressing Perinatal Mental Health with Collaborative Care
- Centering Equity in Perinatal Mental Healthcare
- Addressing Perinatal Mental Health during Obstetric & Well Baby Visits
- Perinatal Mood and Anxiety Disorders and Co-Occurring Substance Use Disorders
- Psychopharmacology Approaches During Pregnancy and Lactation
- Risk Management in Perinatal Mental Health
- Child Abuse Reporting & Perinatal Mental Health
- Birth Trauma, NICU & Perinatal Mental Health
- Perinatal Loss
- Fathers and Perinatal Mental Health
- Pregnancy Complications and Perinatal Mental Health

**The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.*

The University of Washington School of Medicine designates this live activity for a maximum of 10 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. (Each session is 1.0 credit).

† CE FOR MENTAL HEALTH PROFESSIONALS

Each session meets criteria for 1 continuing education credit for mental health professionals. LMFTs, LPCCs, LCSWs, LEPs, and psychologists qualify for APA sponsored CE credit through the Board of Behavioral Sciences (BBS) in the state of CA. Community Partners FBO Maternal Mental Health NOW is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. Community Partners FBO Maternal Mental Health NOW maintains responsibility for this program and its content.



**Free for CA State
providers!**

**Ongoing registration
available on**

[LAMMHA Website](#)

**Join Series 1 & continue
in Series 2 running**

Feb - Nov 2024

LAMMHA Program Partners:

- Community Clinic Association of Los Angeles County
- Elevation Health Partners
- Maternal Mental Health NOW
- Concert Health
- University of California Los Angeles
- University of Washington

