

Youth Advisory Council: Gen 2

Calling all young people in Washington!

We're looking for young people to apply to the second-generation Youth Advisory Council (YAC). The YAC will guide work in the Adolescent and Young Adult Health Unit at the Department of Health. Members help us make sure our public health strategies are relevant and accessible to youth needs.

We value young people's insight, experiences, and contributions and recognize their expertise. They know what health care issues are important to them and what solutions will work.

***Public health needs
young people's
voices!***

*Learn more and
apply by
Jan 31, 2023*



What is the Youth Advisory Council?

YAC is a community engagement group of young people from across Washington. **Members come from diverse backgrounds, identities, and bring different experiences.**

What does the YAC do?

- ⇒ YAC meets online (Zoom) every other month for about 90 minutes.
- ⇒ Members share thoughts and recommendations on youth-related health topics. Topics include health care access, reproductive health, food and nutrition, mental health, and healthy relationships.
- ⇒ Members lead discussions and meeting activities.
- ⇒ Members can participate in more workgroups and collaborate with DOH experts on key topics.
- ⇒ Members give feedback on adolescent health materials, like flyers and webpages that are shared with families and young people.

What do YAC members get?

- ⇒ YAC helps DOH experts guide how to deliver public health to young people.
- ⇒ Volunteer or community service hours
- ⇒ Practice leadership skills.
- ⇒ **Receive a \$50 Amazon e-gift card after every meeting or activity.**

Do members need permission?

Members **over 18 do not need permission.**

Members **under 18 need:**

- ⇒ Parent or guardian permission to take part, and
- ⇒ A trusted adult available for support during meeting times (does not need to attend meetings).

Who can apply?

- ⇒ Anyone aged 13-22 living Washington state
- ⇒ Has internet access, use social media (Facebook, Twitter, or Instagram), email, and Zoom.
- ⇒ We'll prioritize young people from communities underrepresented in public health and lacking health care access.
- ⇒ **We strongly encourage young people with these experiences to apply:**
 - **Visible or invisible disabilities**
 - **Juvenile justice or child protective services involvement**
 - **Mental health and treatment**
 - **Substance use and treatment**
 - **Challenges at school**
 - **Challenges with health care**
 - **Houselessness or unstable housing**
 - **LGBTQIA+, BIPOC, and rural communities facing economic barriers**

How to find more and apply?

- ⇒ **Apply at our webpage** or use the QR code below: [Youth Engagement and the Youth Advisory Council | WaPortal.org](https://www.wa.gov/youth-engagement-and-the-youth-advisory-council)

