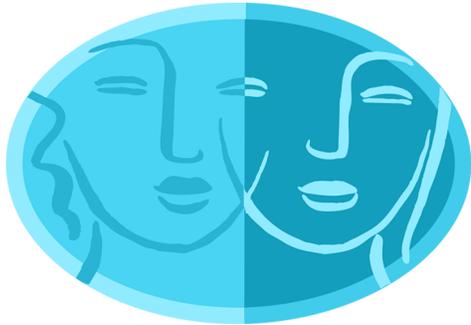


# The Washington WISEWOMAN Program



**WISEWOMAN™**

Well-Integrated Screening and Evaluation  
for WOMen Across the Nation

## What does WISEWOMAN provide?

WISEWOMAN covers services that include:

- ♥ Screenings for:
  - ♥ Overall cardiovascular risk
  - ♥ Cholesterol
  - ♥ Blood pressure
  - ♥ Diabetes and prediabetes
  - ♥ Body mass index (BMI)
- ♥ Counseling to reduce risk for heart disease and stroke
- ♥ Patient referrals to healthy lifestyle programs, other health behavior support options, and low-cost medication resources
- ♥ Patients also enrolled in BCCHP qualify for breast and cervical cancer screening services which include:
  - ♥ Mammogram
  - ♥ Pap test
  - ♥ Follow-up diagnostic and treatment after abnormal results

WISEWOMAN is a program created to help people understand and reduce their risk for heart disease and stroke by providing services to promote lasting heart-healthy lifestyles.

### This program serves people who:

- ♥ Live in areas where WISEWOMAN services are available
- ♥ Are between the ages of 40-64
- ♥ Have a low income
- ♥ Do not have insurance or who have high out-of-pocket costs
- ♥ Are eligible for the Breast, Cervical & Colon Health Program



## Where to Find WISEWOMAN in Washington

WISEWOMAN is available in **Pierce, Clark, Yakima and King** counties. To find a WISEWOMAN program, please contact the organization that serves your county:

### Pierce County

**Citrine Health**: 1-888-651-8931

### Clark County

**PeaceHealth Southwest Medical Center**: 1-800-992-1817

### Yakima County

**Yakima Health District**: 1-800-535-5016

### King County

**International Community Health Services (Bellevue)**: 425-373-3000