Key Data

Diabetes
In Washington State:

- **685,570** people have diabetes (about 1 out of 11) and is the leading cause of death in our state.
- 2 million adults have prediabetes (about 1 out of 3).
- Average medical costs for people with diabetes is about $16,750/year.
- Diabetes costs Washington State about $6.7 billion a year in indirect healthcare costs and reduced productivity.
- Nearly 3,000 youth have been diagnosed with diabetes.
- In 2016, there were 44,500 new cases of diagnosed diabetes among adults.
- For information on prevalence by age, ethnicity, income and education see Health Equity Concerns.

Data Sources:

- [2018 Washington State Health Assessment - Diabetes and Prediabetes](#) prevalence, including time trends, geographic variation, and disparities.
- Washington State Behavioral Risk Factor Surveillance System (BRFSS) data; self-reported.