Recommended Strategies

Diabetes

Six Strategies Identified in the State’s 2017 Diabetes Epidemic and Action Report (DEAR)

Below are the overarching strategies for action plans:

- Prevent type 2 diabetes.
- Support optimal self-management of diabetes.
- Use diabetes-specific data and information to guide decisions.
- Seek adequate funding for diabetes prevention and care.
- Include people affected by diabetes in decisions.

Specific actions are identified in Agency Action Plans, page 6 of the 2017 DEAR.

Aligning with these strategies, the report included 13 recommendations for how the Legislature could support reducing the incidence of type 2 diabetes, and improving the lives of people with all forms of diabetes. These recommendations can be applied at state, regional, local, and organizational levels:

- Maintain and further expand access to health care coverage.
- Help make out-of-pocket costs more affordable for patients with diabetes.
- Support the state’s movement toward value-based payment.
- Continue efforts to integrate physical and behavioral health care services.
- Encourage Accountable Communities of Health to implement projects that impact diabetes.
- Ensure all health plans provide optimal diabetes benefits.
- Fund recommendations from the Governor’s Council for the Healthiest Next Generation.
- Support students with chronic health conditions.
- Expand staffing and coordination resources for evidence-based, community-based programs.
- Increase use of diabetes self-management education.
- Raise public awareness of diabetes prevention and management.
- Train health care providers to screen for diabetes, and to deliver high-quality diabetes care in culturally and linguistically appropriate ways.
Recommended Strategies

- Support using data to drive decisions and improve linkages between health systems and community support services.