

Population Health Guide Resources Index - A-Z by topic

The Population Health Guide offers valuable resources available from a wide range of credible entities. This index offers a collection of the more popular resources and is searchable within the PDF.

Resource	About this resource	Where it's located on the Guide
<u>3 Buckets of Prevention</u>	Widely used prevention framework to help partners bridge clinical care and total population health. Centers for Disease Control and Prevention	<u>Key Element: Align Strategies</u>
<u>5 As Model for Tobacco Cessation</u>	Brief intervention for effectively addressing tobacco use; meets tobacco users where they are. Washington State Department of Health	<u>Recommended Strategies: Tobacco</u>
<u>6/18 Initiative</u>	Targets six common health conditions with 18 proven interventions. Collaborative approach. Centers for Disease Control and Prevention	<u>National Resources for Population Health</u>
<u>ACEs and Opioid addiction</u>	Policy brief provides evidence-based strategies for a trauma informed approach to opioid addiction. Campaign for Trauma Informed Policy and Practice	<u>Recommended Strategies: Opioids</u>
<u>AIHC Tribal Services Profile</u>	Comprehensive directory (in list and map formats) of tribal health and community services in Washington State. American Indian Health Commission	<u>Key Element: Assess Health of Population - Health Equity</u>
<u>Clinical-Community Linkages</u>	Summary and recommended approach, including tools, to link clinical care and communities. HHS Agency for Healthcare Research and Quality	<u>Key Element: Alignment - Resources</u>
<u>Collective Impact framework</u>	Brief summary of the concept and five key elements, with visuals and links to related resources. Collaboration for Impact	<u>Key Element: Engage Partners and Community - Resources</u>

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<u>Community Asset Mapping</u>	<p>How to identify assets in your community that help improve population health. Includes downloadable worksheet.</p> <p>North Carolina Institute for Public Health</p>	<u>Key Element: Assess Health of Population - Resources -Tools</u>
<u>Community Engagement Matters</u>	<p>Provides practical tips for community engagement. Avoids a top-down approach and includes links to resources and best practices.</p> <p>Stanford Social Innovation Review</p>	<u>Key Element: Engage Partners And Community - Resources</u>
<u>Community Health Workers</u>	<p>Quick reference - how managed Care can support Community Health Workers to promote population health.</p> <p>Association of State and Territorial Health Officials</p>	<u>Key Element: Implement Interventions - Resources</u>
<u>County Health Rankings</u>	<p>Health status of individual counties, including factors that drive health.</p> <p>Robert Wood Johnson Foundation</p>	<p>Key Element: <u>Assess Health of Population - Resources - Data Sources</u></p>
<u>Definition</u> - population health	<p>Working definition of population health, inclusive of populations within and without clinic walls. Based on public health and provider standard definitions.</p>	<u>About the Population Health Guide</u>
<u>Diabetes Prevention Program (DPP)</u> classes by region	<p>Quick access to where DPP classes are held in your region. DPP has demonstrated success in helping individuals reduce diabetes risk.</p> <p>Centers for Disease Control and Prevention</p>	<u>Current Work and Initiatives: Diabetes</u>
<u>Driver Diagram - Diabetes</u>	<p>Sample driver diagram for specific health issue. Identifies secondary drivers in each of the <u>3 Buckets of Prevention</u>.</p>	<u>Diabetes - Resources</u>

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	Washington State Department of Health	
<u>Driver Diagram - Population Health</u>	Tool for identifying what will drive the change partners want to see, and how to align efforts to achieve that change. Public Health Foundation	<u>Key Element: Determine Common Goals - Resources</u>
<u>Driver Diagram - Well Child Visits</u>	Sample driver diagram for well child visit health issue. Identifies primary drivers in each of the <u>3 Buckets of Prevention</u> . Washington State Department of Health	<u>Well Child - Recommended Strategies</u>
<u>Guide to Effective Focus Groups</u>	Step-by-step action plan for guided discussions that yield reliable information, and avoid common pitfalls. UCLA Center for Health Policy Research	<u>Key Element: Assess Health of Population - Resources - Tools</u>
<u>Guide to Group Facilitation</u>	How-to for effective meetings, including tips for “difficult members.” Center for Community Health and Development, University of Kansas	<u>Key Element: Communicate What is Learned - Resources</u>
Guide to Effective <u>Key Informant Interviewing</u>	Step-by-step action plan for conducting what are sometimes sensitive interviews, face-to-face or by phone. UCLA Center for Health Policy Research	<u>Key Element: Assess Health of Population - Resources - Tools</u>
<u>Health Equity Review Planning Tool</u>	Tool to help plan projects or policies with an eye to health equity impact. Can be used in diverse settings. Washington State Department of Health	<u>Key Element: Assess Health of Population - Health Equity</u>

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Healthier Washington Data Dashboard	Interactive dashboard with data from multiple sources including Medicaid, immunization data, and survey data. Washington State Health Care Authority	Key Element: Assess Health of Population - Resources - Data Sources
Homelessness - Intersection with Opioid Crisis	Five-step process for addressing opioid addiction in populations that are homeless. U.S. Interagency Council on Homelessness	Recommended Strategies: Opioids
Life Course Approach to Health	Results of an international workshop on life course approach to planning interventions. Includes models, visuals, and recommendations for providers and partners. World Health Organization	Key Element: Develop Interventions - Resources
Medicaid Transformation Projects	Information and resources on innovative approaches to streamline Medicaid services and address social determinants of health. Includes information on projects in each of the Accountable Communities of Health. Washington State Health Care Authority	Current Work and Initiatives - Opioids
Prescription Monitoring Program	Data collected from prescription dispensers. Available to medical providers and pharmacists. Washington State Department of Health	Recommended Strategies- Opioids
Screening, Brief Intervention and Referral to Treatment (SBIRT)	Tool to quickly assess severity of substance use and appropriate level of treatment. Substance Abuse and Mental Health Services Administration	Recommended Strategies - Opioids
Social Determinants of Health - state health assessment	Summary of findings on social determinants of health in our state. Washington State Department of Health	Key Element: Assess Health of Population - Social Determinants of Health

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<u>Socio-Ecological Model</u>	<p>Prevention model, identifies four levels- individual, relationship, community and societal - that influence health and well-being.</p> <p>Centers for Disease Control and Prevention</p>	<u>Key Element: Develop Evidence-informed Interventions: Resources</u>
<u>Sustaining Improved Outcomes</u>	<p>Toolkit, with downloadable worksheets, to help partners identify sustainable factors and create an action plan.</p> <p>New York State Health Foundation</p>	<u>Key Element: Build Sustainability</u>
<u>Trauma Informed Care</u>	<p>Best practices and related resources for health practitioners adopting a trauma informed approach.</p> <p>Center for Health Care Strategies</p>	<u>Adverse Childhood Experiences - Overview</u>
<u>Tribal Resource for Opioid Use Disorder</u>	<p>Strategies to address opioid crisis in tribal communities.</p> <p>U.S. Dept. of Health and Human Services, Indian Health Service</p>	<u>Recommended Strategies - Opioids - Strategies for Tribal, Rural and Homeless Populations</u>
<p>Washington <u>State Health Assessment</u></p> <p>Highlights/analysis: <u>Executive Summary</u></p>	<p>Identifies and prioritizes health issues, with data on outcomes, behaviors, access to care, the environment, and social determinants. Released in February 2018.</p> <p>Washington State Department of Health</p>	<u>Key Element: Assessment - Resources - Data Sources</u>
<u>Washington Tracking Network</u>	<p>Interactive maps, charts and graphs with a wide range of environmental and public health data. Includes population characteristics and can be sorted by county and by Accountable Community of Health. Invaluable tool for addressing social determinants of health.</p>	<u>Key Element: Assess Health of Population - Resources - Data Sources</u>