

# WA Maternal Mental Health Access (MaMHA): ECHO Perinatal Case Conference Series

## MaMHA ECHO Series to Support Perinatal Mental Health Care

The MaMHA ECHO series is a 4-session program for Washington State providers who want to improve care for their perinatal patient's substance use disorders and mental health.

The series will provide didactic content on risk assessment and management of perinatal suicide and substance use disorder (SUD) in combination with in-depth case presentation and group discussion. Sessions will be facilitated by a multidisciplinary team including UW Medicine perinatal psychiatrists and family medicine physicians.

### Series Schedule Information:

February 22, 2022; 12-1pm Pacific

#### **Perinatal Suicide Risk Assessment**

Speaker: [Ian Bennett](#) MD PhD, Depts of Family Medicine and Psychiatry and Behavioral Sciences, University of Washington

March 22, 2022; 12-1pm Pacific

#### **Screening and Initial Management of SUD in Perinatal Patients**

Speaker: [Nadejda Beshpalova](#) MD, Dept of Psychiatry and Behavioral Sciences, University of Washington

April 26, 2022; 12-1pm Pacific

#### **Perinatal Suicide Risk Treatment and Management**

Speaker: [Ian Bennett](#) MD PhD, Depts of Family Medicine and Psychiatry and Behavioral Sciences, University of Washington

May 24, 2022; 12-1pm Pacific

#### **Challenges in Caring for Perinatal patients with SUDs**

Speaker: [Nadejda Beshpalova](#) MD, Dept of Psychiatry and Behavioral Sciences, University of Washington



**Free for WA State  
providers!**

**Registration and  
more information on  
MaMHA Website:**

[https://waportal.org/partners/  
home/mamha/echo](https://waportal.org/partners/home/mamha/echo)

**UW Medicine**

DEPARTMENT OF PSYCHIATRY  
AND BEHAVIORAL SCIENCES

*MaMHA ECHO is part of the broader MaMHA effort to decrease perinatal suicide risk and accidental opioid overdose. The ECHO series will build on the content provided in the MaMHA September 2021 webinar series. These webinars are available for viewing and CME credit. For more information, please see the [MaMHA home page](#).*

