WA Maternal Mental Health Access (MaMHA): Pregnancy-Associated Deaths Due to Behavioral Health Conditions Learning Collaborative

With the generous support of the Perinatal Unit of the Office of Family and Community Health Improvement, Washington State Department of Health (DOH), the University of Washington MaMHA program released an application to join a six-month learning collaborative to reduce perinatal suicide risk and accidental opioid overdose. The collaborative will support participating sites in a continuous quality improvement effort to reduce pregnancy associated deaths due to behavioral health conditions.

Who should participate?
- Washington State ambulatory practices working with prenatal, postpartum and infant pediatric populations
- Washington State practices committed to improving perinatal care and reducing suicide risk and accidental opioid overdose in their perinatal patient populations
- Clinics serving vulnerable and hard to reach populations
- Urban, suburban and rural clinics encouraged to apply

Participants will leave with tools and resources to:
- Improve care for perinatal patients by reducing suicide risk and accidental opioid overdose
- Deliver improved clinical interventions and approaches to address gaps in care - screening, coordinated care, treatment
- Direct effective practice change to address pregnancy associated deaths

The collaborative will provide access to:
- UW specialists in perinatal and addiction psychiatry and quality improvement methods
- Evidence-based strategies to treat perinatal mental health conditions and substance use
- Feedback and recommendations on clinical practice change to improve patient outcomes
- A learning community of other WA sites focused on improving perinatal behavioral health care
- Expert, customized training and support

Learning collaborative structure:
- Dec 2021: Prelaunch activities
- Jan 2022: Kickoff webinar
- Feb - May 2022: Monthly 60-minute didactic webinars
- June 2022: Final webinar session – site presentations
- Jan 2022 – June 2022: Monthly PDSA discussion board postings

Application Details
- Learning collaborative dates: Jan 1, 2022 – June 30, 2022
- Accepting applications: Oct 1, 2021 – Dec 1, 2021, or until filled
- $10,000 award, up to 10 sites
- Earn Physician Maintenance of Certification (MOC) points
- Online application: LC Application
- Rolling award notifications, no later than Dec 17, 2021
- Recorded Q&A session: Oct 18, 2021: Recording

For more information on the learning collaborative and application details, please visit:
https://waportal.org/partners/home/mamha/learning-collaborative