

Recommended Strategies

Opioids

Strategies for opioids include, but are not limited to:

- [Reduce stigma](#) around substance use disorders.
- [Screen](#) for opioid misuse/opioid use disorder.
- Follow Centers for Disease Control and Prevention (CDC) [Guideline for Prescribing Opioids for Chronic Pain](#).
- Implement [Prescription Monitoring Program](#).
- Implement [Medication-Assisted Treatment \(MAT\)](#).
- Reduce insurance coverage barriers.
- Develop training for providers at all levels.
- Increase support services, including housing.
- Invest in upstream efforts to [reduce risk factors and increase protective factors](#).

Resources and tools:

Frameworks and Strategies

- [Six Strategies for Reducing Prescription Drug Abuse](#), National Governor's Association.
- [Opioid Misuse Strategy](#), Centers for Medicare and Medicaid Services.
- [Social-Ecological Model: A Framework for Prevention](#), CDC.
- [Prevention Approaches](#), Substance Abuse and Mental Health Services Administration (SAMHSA).

Screening Tools

- [Screening, Brief Intervention, and Referral to Treatment SBIRT](#), including available reimbursement codes, SAMHSA.
- [Chart of Evidence-Based Screening Tools](#) for Adults and Adolescents, National Institute on Drug Abuse (NIDA).

Prescribing Guidelines, Prescription Monitoring

Recommended Strategies

- [Guideline for Prescribing Opioids for Chronic Pain](#), CDC.
- [Guidelines for Prescribing Opioids](#) and [Prescribing Guidelines for Dental Practitioners](#), Bree Collaborative.
- [Washington State Prescription Monitoring Program](#) for providers and pharmacists, Washington State Department of Health.
- [TelePain audio and video-based resource](#) for providers treating chronic pain, University of Washington.

Treatment Recommendations, Overdose Reversal

- [Opioid Use Disorder Treatment Recommendations](#), Bree Collaborative.
- [Medicated Assisted Treatment](#) information and guidelines, SAMHSA.
- [Opioid Overdose Reversal](#) information, NIDA.

Trauma Informed Approaches

- [Adverse Childhood Experiences \(ACEs\) and Substance Abuse Prevention](#), SAMHSA.
- [Policy Brief on ACEs and Opioid addiction](#), Campaign for Trauma Informed Policy & Practice.

Strategies for Tribal, Rural, and Homeless Populations

- [Tribal Best Practices in Treatment for Opioid Use Disorder](#), American Indian Health Commission.
- [Treating the Rural Opioid Epidemic](#), National Rural Health Association (NRHA).
- [Strategies to Address the Intersection of the Opioid Crisis and Homelessness](#), Interagency Council on Homelessness.