



# Pediatric Collaborative Care Implementation Guide

February 2023

# **Acknowledgements**

This guide was developed by AIMS Center faculty and staff who reviewed current literature and compiled their experiences coaching, training, and interviewing clinics working in Collaborative Care programs for children and adolescents. In addition, several individuals offered subject matter expertise and consultation on the development of this guide.

### AIMS Center Contributors

- Sara Barker, MPH, Associate Director for Implementation
- Anna Hink, MSW, LICSW, Clinical Trainer
- John Kern, MD, Clinical Professor
- Steven Perez, Program Coordinator
- Juliann Salisbury, MSW, LSWAA, Materials Development & Training Manager

### Collaborators

- Sheryl A. Morelli, MD, FAAP, Chief Medical Officer, Seattle Children's Care Network & Clinical Professor, Department of Pediatrics, University of Washington
- Larry Wissow, MD, MPH, Professor and Vice Chair for Child and Adolescent Psychiatry, University of Washington & Director, Child and Adolescent Psychiatry and Behavioral Medicine, Seattle Children's

### Reviewers

- Rachel R Ballard, MD, Associate Professor of Psychiatry and Behavioral Sciences (Child and Adolescent Psychiatry) and Pediatrics, Lurie Children's Hospital, Feinberg School of Medicine, Northwestern University
- Patricia Beagle, LSWAIC, Behavioral Health Specialist, Skagit Pediatrics
- William P French, MD, DFAACAP, Associate Professor, University of Washington & Associate Training Program Director for Outpatient Psychiatry, Assistant Outpatient Medical Director, Seattle Children's
- Sophie King, MHA, Program Manager, Seattle Children's Care Network
- Rick Levine, MD, Pediatrician, Skagit Pediatrics
- Wendy Pringle, LMHC, Sr. Director of Pediatric Healthcare Integration, HopeSparks Family Services
- Joe Le Roy, LICSW, President & CEO of HopeSparks Family Services
- Kara Smith, LSWAIC, Pediatrics Integrated Behavioral Health Specialist Skagit Pediatrics
- Kristina Taylor, LMFT, Collaborative Care Program Clinical Lead, Optum
- Mary Ann Woodruff, MD FAAP, Pediatrics Northwest

## **Special Thanks**

As part of developing this guide, we interviewed clinics nationwide with pediatric Collaborative Care programs. These clinics ranged from small rural practices to practices part of a larger urban health system. We are especially grateful for their time and sharing of expertise and experience.

Additional gratitude to HealthierHere Accountable Community of Health in Washington for funding the development of this guide.