



Good afternoon. We will begin at 3:32 p.m.

While we are waiting, please add to the chat your response to this question:

***What's being revealed in this moment?***

This could be budding flowers or something that's being opened up in you/around you.



# THE COMMUNITY COLLABORATIVE

March 11, 2026

“We are the ones we have been waiting for.”

- June Jordan

Shalom Agtarap  
Community  
Thought Partner



## Agenda



3:30

Welcome

Shalom Agtarap, Community Thought Partner



3:35

Opening Remarks

Dr. Tao Kwan-Gett, State Health Officer



3:40

Panel Discussion

Immigration Enforcement Impact on Health



4:20

Resource Sharing



4:45

Community Share-Outs



5:00

Gratitude and Close



CHRONIC STRESS &  
IMMIGRATION

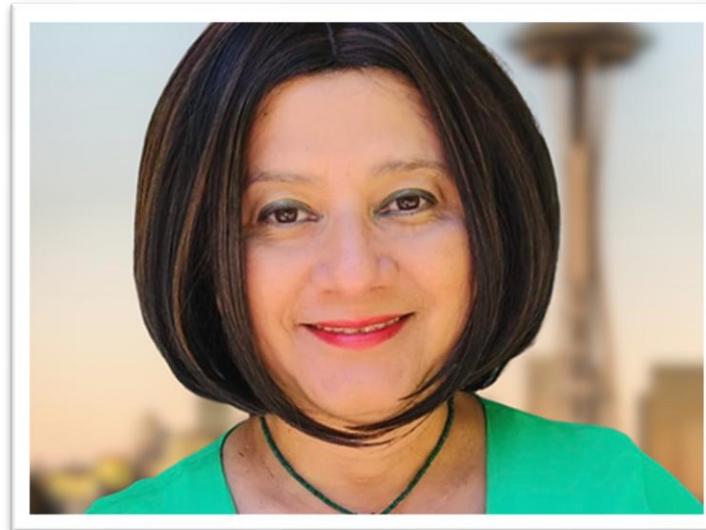
DR. TAO KWAN-GETT  
STATE HEALTH  
OFFICER

[YOUTUBE - Standing with Communities Video](#)

## Panel Discussion



Marichuy Alvizar,  
Executive Director  
Unidos Nueva Alianza

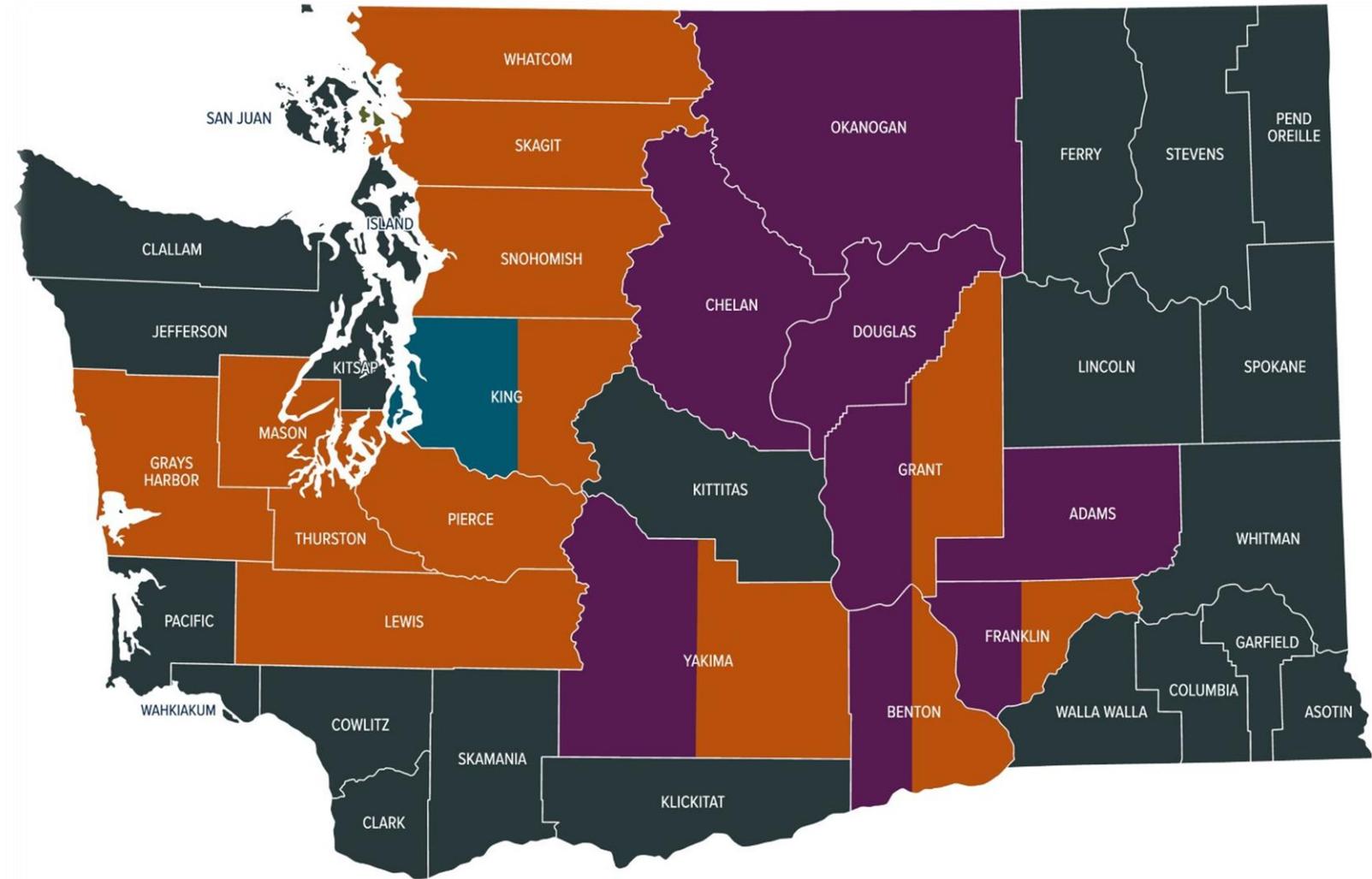


Dr. Ilena María Ponce-Gonzalez  
Executive Director  
Community Health Worker  
Coalition for Migrants and  
Refugees



Mohamed Ugas  
Program Director  
East African Community  
Services

# Panelist Counties of Service



**East African Community Services - King County**



**Unidas Nuevas Alianza - Adams, Benton, Chelan, Douglas, Franklin, Grant, Okanogan, and Yakima**



**Community Health Worker Coalition for Migrants and Refugees - Whatcom, Skagit, Snohomish, Franklin, Benton, Grant, Lewis, Mason, King, Pierce, Grays Harbor, Thurston, and Yakima**



# THE COMMUNITY COLLABORATIVE



## RESOURCE SHARING

## WASHINGTON IMMIGRANT INFORMATION CENTER

Trusted Information for Immigrant Communities

### Web Site:

<https://www.wa-immigrant.info/en-us>

### Contact:

WhatsApp: <https://wa.me/12066724226>

+1 (206) 672-4226

[support@wa-immigrant.zendesk.com](mailto:support@wa-immigrant.zendesk.com)

### Social:

- <https://www.facebook.com/waimmigrant.info/>
- <https://www.instagram.com/waimmigrant.info>

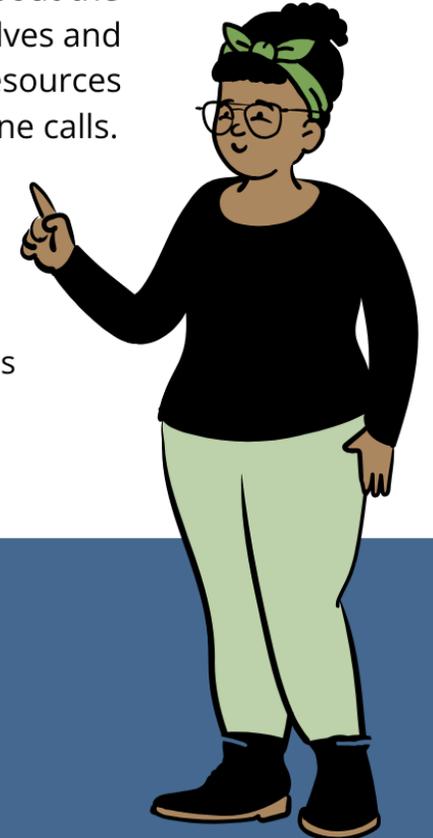
### Promotional Flyer:

<https://www.wa-immigrant.info/enus/articles/33613290311453>

This program offers verified information to help communities understand their rights and make informed decisions about the safety and well-being of themselves and their families. We offer virtual resources and assistance via chat and phone calls.

### Contact us for more information on

- Health Coverage & Care Access
- Know Your Rights
- Policy Updates



### Contact Our Team Weekdays 9-5PM PST

+1 (206) 672-4226  
wa-immigrant.info  
@waimmigrant.info

# 988 Suicide & Crisis Lifeline

- The 988 Lifeline is free, [confidential](#), and available 24/7/365.
- Call, text, or [chat](#) 988 to get support for:
  - Thoughts of suicide
  - Mental health or substance use
  - Any type of emotional distress
  - A loved one
- Paid, trained crisis counselors will provide support and resources
- No time limit
- When you contact 988, they receive your phone number or IP address, but not your location.
- You don't have to share your name or any other personal information
- Info you choose to share may be documented, but won't be shared without your consent, unless there's an imminent risk of harm

988

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SUICIDE & CRISIS  
LIFELINE

Dark blue text reading  
“988” in large text, with  
smaller text under it  
reading “Suicide &  
Crisis Lifeline”

# 988 is Available in Over 200 languages

- 988 has Spanish-speaking crisis counselors available 24/7/365. To call, text, or chat in Spanish:
  - Call 988, then dial 2
  - Text AYUDA to 988
  - Go to [988lifeline.org/es/chat/](https://988lifeline.org/es/chat/)
- Interpretation services are available in over 240 languages, including Spanish, Mixteco, Trique, Tzotzil, Zapoteco, and K'iche
- Call 988 and request an interpreter if needed.
- Contact Luis Moreno at [Luis.Moreno@doh.wa.gov](mailto:Luis.Moreno@doh.wa.gov) for informational community presentations in Spanish.



A young woman with brown hair, a light brown fur jacket, and a gold cross earring is centered in the image. A white “988 Suicide & Crisis Lifeline” logo is in the top right corner. The background is blurred.



# **Social and Emotional Wellbeing for Refugees**

## **Center for Social Emotional Wellbeing (CSEW)**

Mohammad

Community Health and Wellness Partnerships Coordinator



## Our Services

- Support and wellness groups in your language
- Emotional support and counseling services
- Wellness presentations and workshops
- Psychiatric services and medication management
- Emotional wellness service referrals

## Languages We Speak

English  
Arabic  
Farsi  
Dari  
Pashto  
Somali  
Ukrainian  
Russian  
Kurdish  
Turkmen

## Care Deeply Rooted in Your Culture

Our counselors deeply understand the immigrant and refugee experience. Many of us have also left our home countries to build new lives in the U.S. We speak your language, honor your culture and create a safe, welcoming space for healing and growth. r



### What we can help with:

- Culture shock and integration
- Resource finding and self-advocacy skills
- Mental health symptoms and illness
- Relationship skills
- Navigating local systems
- Trauma related issues
- Mental emotional and social needs

ReWa provides a wide range of services to refugee and immigrant communities across Washington State, including early childhood education, domestic violence advocacy, career development, employment case management, rental assistance, counseling and emotional support, and English language and U.S. culture classes

### Contact ReWa CSEW

206.721.0243

### Web site

[www.rewa.org/services/behavioral-health/](http://www.rewa.org/services/behavioral-health/)

### CSEW online referral form:

To refer a client, please scan the QR code for an online referral form or follow the link below:



### We Speak Your Language

We provide culturally responsive, multilingual emotional support and counseling for immigrants and refugees 14+.

Our counselors offer care in your preferred language while honoring your cultural experiences and values.



## Our CSEW Team

- CSEW offices are in SeaTac and Kent in Washington state
- Clinical director – Lisa Bowie
- Clinical supervisors – Faith Knowles, Dr. Azmi Jaafar
- Team of 10 multilingual clinicians and counselors
- Team of 3 multilingual Community Health and Wellness Coordinators
- Psychiatric services and medication management (*for active REWA CSEW clients only*)

# REWA CSEW Services

- **Licensed Mental Health Counseling Services in 10+ languages:**
  - Individual, Couples, Family counseling
  - Ages 14yrs +
  - Wellness/ Psychoeducational Groups
  - Medicaid provider through King County (BHRD)
- **Mental Health Systems Navigation and Partnerships Building:**
  - Coordinate referrals for mental health treatment/socio-emotional support
  - Track and update service provider information
  - Build partnerships with community organizations and other service providers
- **Other services:** Learning facility for counselors, Awareness campaign, Research

# Eligibility Criteria for Counseling Services

## Medicaid clients:

- 1) Active Medicaid
- 2) Resides in WA
- 3) Age 14 and older
- 4) Has MH symptoms

## Non-Medicaid clients

- 1) Meets the income eligibility
- 2) Resides in King County
- 3) Age 14 and older
- 4) Has MH symptoms

*There is some funding for those who fall outside of these requirements, so please reach out and ask if your client needs services. We can also refer to other services through established partnerships.*

# How To Refer a Client to REWA CSEW

- Fill out **ONLINE REFERRAL form**: <https://tinyurl.com/CSEW-intake-form>
- Email us at [csewintakes@rewa.org](mailto:csewintakes@rewa.org) and/or at [mhnavigation@rewa.org](mailto:mhnavigation@rewa.org)
- Call us at **206-721-0243**

## CSEW online referral form:

To refer a client,  
please scan the QR  
code for an online  
referral form or follow  
the link below:



# REWA Wellness Collective: YouTube Channel

- Stay connected with CSEW by visiting our YouTube Channel.
- Our videos are accessible, educational, and supportive for individuals and families at every stage of their immigration journey.
- We invite you to explore our content and stay engaged with our community programs and events.



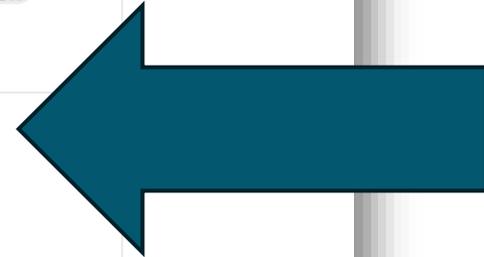
# Thank you!

**ANY QUESTIONS?**



## Mental Health and Related Resources

Name / Link	Description	Category	WA Region	Languages	Cost
<a href="#">Form for ReWA Center for Emotional Wellbeing</a>	This form allows you to input request for mental health counseling emotional support or community outreach. You can also email csewintakes@rewa.org for counseling referrals or visit the web page: <a href="https://www.rewa.org/services/behavioral-health/">https://www.rewa.org/services/behavioral-health/</a>	Mental Health Resources Family Support Child/youth mental health	Statewide	Arabic Dari Farsi Pashto Somali Ukrainian Russian Kurdish Turkmen	Medicaid/Apple health
<a href="#">Department of Health 988 and Crisis Lifeline</a>	A crisis hotline available 24x7x365 for Washington state residents, available in 240 languages and dialects, call or text 988 - Text "AYUDA" to 988 for Spanish or Text "N8V" for the Native and Strong hotline for AI/AN, to get help now in ASL, visit 988Lifeline.org and select "Deaf/HoH" at the top of the page.	Mental Health Resources	Statewide	Spanish	
<a href="#">Counseling and Service</a>	Consejo provides mental health outpatient services, substance use disorder treatment, domestic violence support, health and	Mental Health Resources Child/youth mental health Access to Healthcare	Western Wa...	Spanish	There is no cost associated with scheduling an initial consultation. Information about costs



Sort by  
category,  
region,  
language,  
cost

### Resources for Immigrants and Refugees

Please add your own content!

# Continuing the Discussion

Two upcoming convenings to collaborate on the development of statewide policy recommendations for the State Health Improvement Plan priority areas:

- **Access to Care Policy Panning** on [March 24 from 1:30 to 3:30 p.m.](#)
- **Mental and Behavioral Health Policy Planning** on [March 31 from 12:30 to 2:30 p.m.](#)

*Sessions will include Spanish and ASL interpreters.*

*Compensation is available to community members, and those not representing an organization. Please email [ship@doh.wa.gov](mailto:ship@doh.wa.gov) for info.*



# THE COMMUNITY COLLABORATIVE



OPEN MIC

# THE COMMUNITY COLLABORATIVE

## NEXT MEETING:

Wed. April 8

## FOCUS:

Health Disparities  
Council

Environmental  
Justice Council

## VISIT:

[https://waportal.org/partners/  
community-collaborative](https://waportal.org/partners/community-collaborative)

"Not only are we the ones we have been waiting for, but this is the exact moment we have been shaped for and even though it came so quickly, it has actually taken forever. But here we are, in this moment, the present moment, naked and messy and visible right down to our roots.

The veil never hid us from others, it only ever hid us from ourselves. Now that more of us can see who we truly are, we must begin/continue to move towards who we truly want and need to be in order to sustain human life on this planet.

Liberation is no small task – it is appropriately daunting for miraculous beings. It is a gift, to be given such undeniable purpose, such immense odds. Hold each other tight, and let's do this work."

- **adrienne maree brown**



# THE COMMUNITY COLLABORATIVE



To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email [civil.rights@doh.wa.gov](mailto:civil.rights@doh.wa.gov).